

Bersyukurlah

Count: 32

Wand: 4

Ebene: High Beginner

Choreograf/in: Diba Munaf (INA) - April 2021

Musik: Bersyukurlah - Elfa's Singers



Intro : 20 count

(1-8) SYNCOPATED CROSS ROCK 2X

1&2& Cross Rock RF over LF, Recover onto LF, Rock RF back diagonal R, Recover onto LF
3&4 Cross Rock RF over LF, Recover onto LF, Step RF to R
5&6& Cross Rock LF over RF, Recover onto RF, Rock LF back diagonal L, Recover onto RF
7&8 Cross Rock LF over RF, Recover onto RF, Step LF to L

(9-16) BOTAFOGO 2X, JAZZ BOX 1/4 R

1 & 2 Cross RF Over LF, Rock L ball to L, Recover onto RF
3 & 4 Cross LF Over RF, Rock R ball to R, Recover onto LF
5678 Cross RF over LF, Step LF back, Turn 1/4 R Stepping RF to R, Step LF fwd

(17-24) VOLTAS

1 & 2 & Cross RF over LF, Step LF to L, Cross RF over LF, Step LF to L,
3 & 4 Cross RF over LF, Step LF to L, Cross RF over LF
5 & 6 & Cross LF over RF, Step RF to R, Cross LF over RF, Step RF to R,
7 & 8 Cross LF over RF, Step RF to R, Cross LF over RF

(25-32) WALK 2X, FWD MAMBO, BACK TOUCH, TURN 1/2, WALK 2X

123&4 Walk fwd RL, Rock RF fwd, Recover onto LF, Step RF back
5678 Touch LF back, Turn 1/2 L weight on LF, Walk fwd RL

Restart : On wall 3 do only 16 count then restart from beginning

Happy dancing!

Contact dibamunaf@gmail.com