Feel a Bit!

Ebene: Easy Intermediate



Count:32Wand: 4Choreograf/in:Forty Arroyo (USA) - April 2021Musik:Make You Feel My Love - Adele

Edited by Donna Russell McCarthy

Starts on vocals - No Tags or Restarts

Dedicated to our Friendly Level Dancers

A Hayloft Floor Split for the classic Int/Adv dance FEEL by Scot Blevins

[1 - 9]: Fwd, Side, Close, Back, Chasse' ¼ L, Sway, Sway, Chasse' R w/Big Step R

- 1-2&3 Forward on L, R to side, L next to R, Back on R
- 4&5 Step L to side, R next to L, Forward on L making ¼ left
- 6,7 Sway Hips to right, Sway hips to left
- 8&1 R to side, L next to R, Step R to side (big step) end at 9:00

[10 - 17]: Touch In & Fwd, Step Side, Sailor Step, Cross, Step Back 1/8 L, Chasse' 1/8 L

- &2,3 Touch L next to R, Touch L toes forward, Step L to side (big step)
- 4&5 Step R behind L, Step L slightly to side, Step R slightly to side
- 6,7 Sweeping L over R step L over & in front of R, Step back on R (starting a ¼ left)
- 8&1 Step L to side completing ¼ left, Step R next to L, Step L to side end at 6:00

[18 - 25] Cross R, Recover, side R, Cross L, Recover, Side L, Side R, Press $\frac{1}{4}$ L, Recover/sweep & touch , Shuffle Fwd

- 2&3 Cross R over L, Recover WOL, Step R to side
- &4& Cross L over R, Recover WOR, Step L to side
- 5,6 Step R to side big step, Making ¼ L Press ball of L fwd,
- 7 Recover weight on R while sweeping L in and touching in front of R
- 8&1 Shuffle forward L, R, L End at 3:00

[26-32] Chase Turn, Crossing Mambos L & R, Rock, Recover

- 2&3 Step forward on R, Pivot ½ left weight on L, Step forward on R
- 4&5 (traveling slightly fwd) Rock L to side, Recover WOR, Cross L over and in front of R
- 6&7 (traveling slightly fwd) Rock R to side, Recover WOL, Cross R over and in front of L
- 8& Rock L to side, Recover WOR End at 9:00

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