

# Mueve La Cintura

**COPPER** **KNOB**  
BY STEPHENETS

**Count:** 32

**Wand:** 2

**Ebene:** Improver

**Choreograf/in:** Winda Dendi (INA) & Ira Barie (INA) - April 2021

**Musik:** Dare (La La La) - Shakira



**Start dancing after 32 count, NO tag, NO restart**

## **I. Open to Side R,L, Hip Roll to L, Sailor Step L,R**

- 1-4 Open R to side, Open L to side, Hip Roll from L to R (2cts)  
5&6 Cross L behind R, Step R Together, Step L Fwd (body angle facing 11 o'clock)  
7&8 Cross R behind L, Step L Together, Step R Fwd (body angle 1 o'clock)

## **II. Step L Fwd, Hold, Ball on R, Step L(body angle slightly to Left), Step R fwd, Rock L fwd, rec on R, L Back Lock Shuffle**

- 1-2 Step L fwd, hold  
&3-4 Ball on R, Step L fwd (body angle slightly to Left), Step R Fwd  
5-6 Rock L Fwd, Recover on R  
7&8 Step L Back, Cross R Together in front of L, Step L Back

## **III. Rock R Back, R Fwd Lock Shuffle, 1/2 turn R (Pivot), 1/4 turn L chasse to L**

- 1-2 Rock R back, recover on L  
3&4 Step R fwd, lock L behind R, step R fwd  
5-6 Step L fwd, 1/2 turn R (6 o'clock)  
7&8 1/4 turn L step L to side, step R together, step L to side (9 o'clock)

## **IV. Hitch diag L, Hitch diag R, R Coaster, L Side Rock, Behind, Cross**

- 1-2 Hitch R diag L, Hitch R diag R  
3&4 Step R backward, step L beside R, Step R fwd  
5-6 Rock L to side, recover on R  
7&8 Step L behind R, Step R to side, Step L cross over R

**ENJOY THE DANCE !!!**

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