

Xiao Na (笑纳)

Count: 128

Wand: 2

Ebene:

Choreograf/in: July Toh (SG) - March 2021

Musik: Xiao Na (笑纳) (DJ Remix) - Hua Tong (花童)



Start on Vocal

Sequence: 1A2B2C, 2ATag2B2C, 2ATag2B

(Pls refer to demo)

Part A 64ct (always @ front wall)

S1 TOUCH, HOLD & TOUCH, HOLD, HOLD 4 counts

1,2&3,4 Touch L next to R, Hold, step L in place & touch R next to L, Hold

5,6,7,8 Hold 4 counts

S2 SIDE, HOLD, STEP, HOLD, SWAY R-L-R-L

1,2,3,4 Step R to R side, Hold, Step L in place, Hold

5,6,7,8 Sway R, Sway L, Sway R, Sway L

S3 SIDE, TOGETHER, SIDE, TOUCH, SIDE, TOGETHER, SIDE, TOUCH

1,2,3,4 Step R to R side, Step L next to R, Step R to R side, Touch L next to R

5,6,7,8 Step L to L side, Step R next to L, Step L to L side, Touch R next to L

S4 SIDE, HOLD, STEP, HOLD, TOUCH, HOLD 3 counts

1,2,3,4 Step R to R side, Hold, Step L in place, Hold

5,6,7,8 Touch R next to L, Hold 3 counts

S5 SIDE, TOGETHER, SIDE, TOUCH, SIDE, TOGETHER, SIDE, TOUCH

1,2,3,4 Step R to R side, Step L next to R, Step R to R side, Touch L next to R

5,6,7,8 Step L to L side, Step R next to L, Step L to L side, Touch R next to L

S6 SIDE, TOUCH, SIDE, TOUCH, SIDE, TOUCH, SIDE, TOUCH

1,2,3,4 Step R slightly fwd to R side, Touch L next to R, Step L slightly fwd to L
Side, Touch R next to L

5,6,7,8 Step R slightly fwd to R side, Touch L next to R, Step L slightly fwd to L
Side, Touch R next to L

S7 SIDE, HOLD, STEP, HOLD & TOUCH, HOLD & TOUCH, HOLD

1,2,3,4 Step R to Side, Hold, Step L in place, Hold

&5,6&7,8 Weight on R & touch L next to R, Hold, Step L in place & touch R next to L, Hold

S8 STEP, BACK, TOUCH, BACK, TOUCH, BACK, TOUCH, SIDE, TOGETHER

&1,2,3,4 Step R in place, Step L back, Touch R next to L, Step R back, Touch L next to R

5,6,7,8 Step L back, Touch R next to L, Step R to R side, Step L next to R

Part B 32ct

S1 SIDE, TOGETHER, SIDE, TOUCH, SIDE, TOGETHER, SIDE, TOUCH

1,2,3,4 Step R to R side, Step L next to R, Step R to R side, Touch L next to R

5,6,7,8 Step L to L side, Step R next to L, Step L to L side, Touch R next to L (12:00)

S2 CROSS, POINT, CROSS, POINT, BEHIND, POINT, BEHIND, POINT

1,2,3,4 Cross R over L, Point L to L side, Cross L over R, Point R to R side

5,6,7,8 Cross R behind L, Point L to L side, Cross R behind R, Point R to R side (12:00)

S3 PIVOT 1/2 TURN L, FWD SHUFFLE, PIVOT 1/2 TURN R, FWD SHUFFLE

1,2,3&4 Step R fwd, Pivot 1/2 turn left wt on L, Step R fwd, Step L next to R, Step R fwd (6:00)

5,6,7&8 Step L fwd, Pivot 1/2 turn right wt on R, Step L fwd, Step R next to L, Step L fwd (12:00)

S4 HEEL, TOGETHER, 1/4 TURN L & HEEL, TOGETHER, HEEL, TOGETHER, 1/4 TURN L & HEEL, TOGETHER

1,2,3,4 Touch R heel fwd, Step R next to L, 1/4 turn left touching L heel fwd, Step L next to R (9:00)

5,6,7,8 Touch R heel fwd, Step R next to L, 1/4 turn left touching L heel fwd, Step L next to R (6:00)

Part C 32ct

S1 WALK R-L-R, POINT, BACK L-R-L, POINT

1,2,3,4 Step R fwd, Step L fwd, Step R fwd, Point L to L side

5,6,7,8 Step L back, Step R back, Step L back, Point R to R side (12:00)

S2 STEP, CROSS, SIDE, HEEL, STEP, CROSS, SIDE, HEEL

1,2,3,4 Step R in place, Cross L over R, Step R to R side, Touch L heel to L diagonal

5,6,7,8 Step L in place, Cross R over L, Step L to L side, Touch R heel to R diagonal (12:00)

S3 FWD ROCK, RECOVER, SHUFFLE 1/2 TURN R, FWD ROCK, RECOVER, SHUFFLE 1/2 TURN L

1,2,3&4 Rock R fwd, Recover on L, 1/4 turn R stepping R to R Side, Step L next to R, 1/4 turn R stepping R fwd (6:00)

5,6,7&8 Rock L fwd, Recover on R, 1/4 turn L stepping L to L side, Step R next to L, 1/4 turn L stepping L fwd (12:00)

S4 JAZZ BOX 1/4 TURN R x2

1,2,3,4 Cross R over L, 1/4 turn right Step L back, Step R to side, Step L fwd (3:00)

5,6,7,8 Cross R over L, 1/4 turn right Step L back, Step R to side, Step L next to R (6:00)

Tag 4ct (always @ front wall)

1,2,3,4 Hold 4 counts

Enjoy & Happy Dancing!
