Sure In My Heart



Count: 72 Wand: 4 Ebene: Improver

Choreograf/in: Susanne Flynn (USA) - January 2021

Musik: You're the One - Tracy Chapman: (Album: Greatest Hits)



Start on vocals - No tags or restarts

Heel Stretch R/L, Lindy R, V Step, Rocking Chair

1-4	R Heel to front, recover, L Heel to front, recover
5-8	Shuffle to R side (5&6), step L behind R, Recover on R

9-12 Step out diag L Step out diag R, Recover back L recover back R

13-16 Rock F on L, Recover, Rock B on L, Recover

Heel Stretch L/R, Lindy L, V Step, Rocking Chair

1-4	L Heel to front, recover, R Heel to front, recover
5-8	Shuffle to L side (5&6), step R behind L, Recover on L

9-12 Step out diag R Step out diag L, Recover back R recover back L

13-16 Rock F on R, Recover, Rock B on R, Recover

Cross Dip Step Left 3x, Cross Dip Sweep

1-2	Step R foot in front of L with slight dip, step L foot to left
3-4	Step R foot in front of L with slight dip, step L foot to left
5-6	Step R foot in front of L with slight dip, step L foot to left
7-8	Step R foot in front of L with slight dip, sweep L foot to front

Cross Dip Step to R 3x, Cross Dip Sweep

1-2	Step L foot in front of R with slight dip, step R foot to right
3-4	Step L foot in front of R with slight dip, step R foot to right
5-6	Step L foot in front of R with slight dip, step R foot to right
7-8	Step L foot in front of R with slight dip, sweep R foot to front

Rock Front, Shuffle Back, Rock Back, Shuffle Forward

1-2	Step R forward, Recover back on L
3&4	Step R back, Step L next to R, Step R back
5-6	Step L back, Recover forward on R

7&8 Step L forward, Step R next to L, Step L forward

Monterey 2x, Pivot ½ L, Pivot ¼ L

1-4	Point R to R side, recover ¼ turn R, Point L to L side, Recover
5-8	Point R to R side, recover ¼ turn R, Point L to L side, Recover (6:00)

9-12 Step R foot forward, hold, pivot ½ turn to L, hold(12:00) 13-16 Step R foot forward, hold, pivot ¼ turn to L, hold (9:00)

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