One Day



Count: 32 Wand: 4 Ebene: Beginner

Choreograf/in: Gino Valcalcer (IT) & Maria Rao (IT) - February 2021

Musik: One Day - Josh Melton



START DANCING ON LYRICS

SEC 1: VAUDEVILLE x2 (LEFT AND RIGHT)

| 1-2 | Cross | right over | left - sten | left side | slightly back |
|-----|-------|------------|-------------|-----------|---------------|
| 1-2 | CIUSS | HUHL OVEL | IGIL - SIGN | ieit side | SHUTHIN DACK |

3-4 Touch right heel diagonally forward right - step right beside left

5-6 Cross left over right - step right side slightly back

7-8 Touch left heel diagonally forward left - step left beside right

SEC 2: ROCKING CHAIR - STEP FWD - 1/2 TURN LEFT - JUMPING L ROCK STEP BACK

| 1-2 | Rock right forward - recover to left |
|-----|--------------------------------------|
| 3-4 | Rock right back - recover to left |

5-6 Step right forward - ½ turn left (weight on right)

7-8 Jumping Rock Back On Left And Kick Right Forward - recover to right

SEC 3: WEAVE - POINT - KICK - HOOK - KICK - FLICK

| 1-2 | Cross left over right - step right side |
|-----|--------------------------------------------|
| 3-4 | Cross left behind right - point right side |
| 5-6 | Kick right forward - hook right over left |
| 7-8 | Kick right forward - flick right back |

SEC 4: STEP LOCK STEP - L SCUFF - L STEP PIVOT 1/4 TURN RIGHT - L STEP CROSS - SCUFF

| 1-2 | Step right forward - lock left behind right |
|-----|------------------------------------------------------|
| 3-4 | Step right forward - scuff left beside right |
| 5-6 | Step left forward - 1/4 turn right (weight on right) |
| 7-8 | Cross left over right - scuff right beside left |

REPEAT

*1° RESTART at the Home wall After 8 counts (section 1) of the 5th repetition (12.00) **2° RESTART at the Home wall After 24 counts (section 3) of the 10th repetition (12.00)

FINAL at the 4th wall At the 14th repetition, 24th count replace FLICK with STOMP R FWD (3.00)

Last Update - 12 March 2021