Quit The Show (CBA 2021)

Ebene: Intermediate / Advanced

Choreograf/in: Jef Camps (BEL) & Roy Verdonk (NL) - January 2021

Musik: Give It Up - Suzy V : (Album: Pages Full Of Thoughts EP)

| Intro: 8 counts | |
|--|---|
| S1: Kick-Ball-Cross, Step, Heel Swivel, Kick, Jazz Box, Side, Sailor 1/4 | |
| 1&2 | RF kick diagonally R forward, RF close on ball next to LF, LF cross over RF |
| 3&4& | RF step diagonally R forward, twist R heel out, bring R heel back to center, RF kick forward |
| Note: body faci | ng 12:00 |
| 5&6& | RF cross over LF, LF step back, RF step side, LF cross over RF |
| 7-8& | RF big step side, LF cross behind RF, RF step side & make 1/4 turn L (9:00) |
| S2: Step-Lock- | Step, 3/4 Turn, Cross, Shoulder Pops, Side, Together, Cross |
| 1&2 | LF step forward, RF lock behind LF, LF step forward |
| 3-4 | 1/2 turn L & RF step back, 1/4 turn L & LF step side (12:00) |
| 5& | RF cross over LF, pop R shoulder up as L shoulder goes down |
| 6 | pop L shoulder up as R shoulder goes down |
| &7-8 | LF step side, RF close next to LF, LF cross over RF |
| S3: 1/2 Hinge T | Furn, Step-Lock-Step, 1/2 Chase Turn, Step & Rise, Toe Runs |
| 1-2 | 1/4 turn L & RF step back, 1/4 turn L & LF step side (6:00) |
| 3&4 | RF step forward, LF lock behind RF, RF step forward |
| 5&6 | LF step forward, make 1/2 turn R putting weight on RF, LF step forward (12:00) |
| 7-8& | RF step forward & rise a little on R leg, run forward on toes L and then R |
| (Styling: for the | runs you can do boogie walks) |
| S4: Step, 1/4 Pivot, Cross Shuffle, 1/4 Back, Side, Swivels to L, Flick | |
| 1-2 | LF step forward, 1/4 turn R & put weight on RF (3:00) |
| 3&4 | LF cross over RF, RF step side, LF cross over RF |
| 5-6 | 1/4 turn L & RF step back, LF step side (make sure toes of both feet ar pointing L-diagonal) (12:00) |
| 7&8& | Swivel both heels L, swivel toes L, swivel heels L, swivel L toes L & flick R side |
| S5: Cross, Back, Chasse, Cross, Sweep 1/2 Turn, Cross Mambo, Drag | |
| 1-2 | RF cross over LF, LF step back |
| 3&4 | RF step side, LF close next to RF, RF step side |
| 5-6 | LF cross over RF, sweep RF forward while making 1/2 turn L on LF (6:00) |
| 7&8 | RF cross over LF, recover on LF, RF step diagonally R back & drag L-heel |
| S6: Behind-Sid | e-Cross, 1/8 Forward, Step-Lock-Step, Step, 1/2 Pivot, 1/2 Back-Lock |
| 1&2 | LF cross behind RF, RF step side, LF cross over |
| 3-4&5 | 1/8 turn R & RF step forward, LF step forward, RF lock behind LF, LF step forward (7:30) |
| 6-7 | RF step forward, make 1/2 turn L putting weight on LF (1:30) |
| 8& | 1/2 turn L & RF step back, LF lock in front of RF (7:30) |
| S7: Back, Drag | , Back, Heel-Ball-Step, 1/8 Hip Bumps, Hip Bumps 1/2 turn |
| 1-2 | RF step back, drag L-heel |
| &3&4 | LF step back, RF dig heel forward, RF close on ball, LF step forward |
| 5&6 | 1/8 turn L & RF step on toes side while pushing hip R, push hip L, push hip R and put weight on RF (6:00) |





Count: 64

Wand: 2

7&8 1/4 turn L & LF step on toes side while pushing hip L, push hip R, make 1/4 turn L and put weight on LF (12:00)

S8: Step, 1/2 Pivot, Prissy Walks, 1/4 Lunge, 1/4 Recover with Flick, Step Fwd, 1/2 Pivot, Close

- 1-2 RF step forward, make 1/2 turn L putting weight on LF (6:00)
- 3-4 Prissy walks forward R-L
- 5 1/4 turn L & RF lunge side (stretch L leg out into a point, head stays at 6:00)
- 6 1/4 turn L putting weight on LF while flicking R back (12:00)
- 7-8& RF step forward, make 1/2 turn L on RF & point LF forward, LF close next to RF (6:00)

Have Fun!