

Plastic Heart

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Emi Lee (INA) - February 2021

Musik: Plastic Hearts - Miley Cyrus



No Tag no Restart

Intro : 40 count

S1. R Mambo, L Coaster Step, point side, R cross shuffle, R toe fan

1&2 Step R forward (1), Recover on L (&), Step R back (2)
&3&4 Step L back (&), Step R together (3), Step L together (&), Point R side (4)
5&6 Cross R over (5), Step L side (&), Cross R over (6)
7&8 Step L side (7), Swivel toe out (&), Swivel toe in (8)

S2. R shuffle, L brush, L shuffle, 1/2 left turn, run 4x

1&2 Step R forward (1), Step L next to R (&), Step R forward (2)
&3&4 Brush L (&), Step L forward (3), Step R next to L (&), Step L forward (4)
5-6 Step R forward, 1/2 turn left BW on L (facing 6.00)
&7&8 Step R forward (&), Step L next to R (7), Step R forward (8), Step L next to R (&)

S3. V step cross, R point side, 1/4 right turn R step next to L, Touch side L, R, brush

1,2 Step R out (1), Step L out (2)
3&4 Step R in (3), Step L in (&), Cross R forward (4)
&5&6 Recover on L (&), R touch side (5), 1/4 turn right step R next to L (6)
7&8 Touch L side (7), Touch R side (8), brush (&)

S4. R cross shuffle, L botafogo, 1/4 left pivot 2x

1&2 Cross R over (1), Step L side (&), Cross R over (2)
3&4 Cross L over (3), Step R Side (&), Recover on L (4)
5,6 Step R forward, 1/4 turn left BW on L
7,8 Step R forward, 1/4 turn left BW on L

Contact: Florentinalee01@gmail.com