My Melody



Count: 72 Wand: 2 Ebene: Intermediate

Choreograf/in: Claudia Arndt (DE) - January 2021

Musik: The Melody - George Canyon



Start: Dance begins with singing

Section 1 - 2x Heel Strut (r,l), Step forward (r), Recover, Toe Strut back

1-2 Tap RF heel at the front, strain RF completely3-4 Tap LF heel at the front, strain RF completely

5-6 RF step forward, weight back on left,7-8 Tap RF foot tip at the back, lower RF heel

Section 2 - 2x Toe Strut back (I,r), Side, Recover, Close,

1-2 Tap LF foot tip at the back, lower RF heel
3-4 Tap RF foot tip at the back, lower RF heel
5-6 LF step to the left, weight back on RF,

7-8 LF next to RF,

Section 3 - 2x 1/4 Monterey Turn, Rock Forward (r), Recover, Rock back (I), Recover,

1&2 RF taps to the right with ¼ rotation to the right, RF next to the LF, LF taps to the left, LF next

to the RF,

3&4 RF taps to the right with ¼ rotation to the right, RF next to the LF, LF taps to the left, LF next

to the RF,

5&6 RF step forward, weight back on LF, RF next to the LF,

LF step backwards, weight back on RF, LF next to the RF,

Section 4 - Rumba Box, Chasse, ¼ Turn Sailor Step

1&2 RF Step to the right - LF next to the RF - RF step forward, 3&4 LF Step to the left - RF next to the left - LF step back,

5&6 RF step to the right - LF next to the RF - RF step to the right,

7&8 1/4 Left turn and LF cross behind RF - RF to the right/weight right - LF step before weight left

Section 5 - Rumba Box, Chasse, 1/4 Turn Sailor Step

1&2 RF Step to the right - LF next to the RF - RF step forward, 3&4 LF Step to the left - RF next to the left - LF step back,

5&6 RF step to the right - LF next to the RF - RF step to the right,

7&8 1/4 Left turn and LF cross behind RF - RF to the right/weight right -LF step before weight left

Tag: In the 2. wall after 40 counts / Restart at 06:00 o'clock

Section 6 - 2 x Locking Shuffle, Point forward (r), Point back (r), Point forward (r), Beside

RF step forward - LF crosses behind RF, RF step forward, LF step forward - RF crosses behind LF, LF step forward,

5 RF tip at the front, 6 RF tip at the back,

7-8 RF tip at the front, turn RF next to LF,

Section 7 - Side Rock, Cross (r), Side Rock, Cross (I), Side Rock, Cross (r), Side, Cross, Side, Cross

RF step to the right, weight back on LF, RF cross over LF, LF step to the left, weight back on RF, LF cross over RF, RF step to the right, weight back on LF, RF cross over LF,

&7 LF step to the left, cross RF over LF,

Section 8 - Step Side, Together, Step back, Rumba Box back, Step 3/4 Turn

1&2 LF step to the left, RF next to the LF, LF step back,
3&4 RF step to the right, LF next to theRF, RF step back,
5&6 LF step to the left, RF next to the LF, LF step forward,

7&8 RF step forward with ¼ turn to the left, Weight on LF, continue with 1/2 turn left, turn RF next

to LF,

Section 9 - Shuffle forward (I), Step ¾ Turn (I), Step forward (I), Full Turn (I), Beside

1&2 LF Step forward - RF next to the LF - LF step forward,

3&4 RF step forward with ¼ turn to the left, Weight on LF, continue with 1/2 turn left, turn RF next

to LF,

5 LF Step forward,

6&7 RF Step forward with full turn left, weight on RF

8 LF next to the RF,

Tag 1: In the 2nd wall after 40 counts at 6:00 o'clock

Tag 2: At the end of the 4th wall on 6:00 o'clock

Restart: In the 2nd wall after the 1. Tag at 6:00 o'clock

Tag:

Rock forward, Recover, Shuffle back, Rock back, Recover, Shuffle forward, Together

1-2 RF step forward, weight back on LF,

3&4 RF Step backwards - LF next to RF - RF step backwards,

5-6 LF step backwards, weight back on RF,

7&8 LF Step forward - RF next to LF - LF step forward,

& RF to LF

Have fun dancing, and always smiling nicely.

E-Mail: claudia.arndt@web.de