

# One Down

Count: 32

Wand: 2

Ebene:

Choreograf/in: Jim Ray (USA) - January 2021

Musik: Down to One - Luke Bryan



**Hold: 16 After Music starts And Start**

## **FORWARD ROCK STEP, SHUFFLE A 1/4 MOVING BACK TURNING TO THE LEFT, ROCK STEP BACK, SHUFFLE FORWARD**

1,2 Step Left Foot Forward, Shift Wt. Back To Right Foot  
3&4 Step Left Foot Back A 1/4 Left, Step Right Together, Step Left Together  
5,6 Step Right Foot Back, Shift Wt. Forward To Your Left Foot  
7&8 Shuffle Forward Right, Left, Right

## **ROCK A 1/4 RIGHT, SHUFFLE A 1/4 RIGHT, SHUFFLE BACK, SHUFFLE BACK**

1,2 Step Left Foot To The Left, Step Right Foot A 1/4 To The Right  
3&4 Step Left Foot A 1/4 Right, Step Right Foot Together, Step Left Together  
5&6 Shuffle Back Right, Left, Right  
7&8 Shuffle Back Left, Right, Left

## **RIGHT, ROCK STEP CROSS, LEFT, ROCK STEP CROSS, RIGHT, ROCK STEP CROSS, LEFT, ROCK STEP CROSS**

1&2 Step Right To The Right, Shift Wt. Back To Left, Cross Right Over Left  
3&4 Step Left To The Left, Shift Wt. Back To Right, Cross Left Over Right  
5&6 Step Right To The Right, Shift Wt. Back To Left, Cross Right Over Left  
7&8 Step Left To The Left, Shift Wt. Back To Right, Cross Left Over Right

## **ROCK STEP FORWARD, SHUFFLE A 1/2 RIGHT, STEP LEFT, PIVOT A 1/2 RIGHT, STEP LEFT FORWARD, STEP RIGHT A 1/4 RIGHT**

1,2 Step Right Forward, Shift Wt. Back To Left  
3&4 Turn A 1/2 Right Shuffling Right, Left, Right  
5,6 Step Left Foot Forward, Pivot A 1/2 Turn Right  
7,8 Step Left Foot Forward, Step A 1/4 Right

**( START OVER )**

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