

# Rise

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Gianni Hook Valassi (IT) - January 2021

Musik: Rise (Sing It Loud) - Caroline Jones



**TAGS: 12 count: 3° wall after 16 count, 5° wall after 20 count**

## **(1) ROCK STEP R / COASTER STEP / ROCK STEP L / COASTER STEP**

1-2 step right forward - recover  
3&4 step right back - together - step right forward  
5-6 step left forward - recover  
7&8 step left back - together - step left forward

## **(2) HEEL R ¼ TURN / COASTER STEP / HEEL L ¼ TURN / COASTER STEP**

1-2 heel right - ¼ turn (h. 3,00)  
3&4 step right back - together - step right forward  
5-6 heel left - ¼ turn (h. 12,00)  
7&8 step left back - together - step left forward

## **(3) SHUFFLE R / SHUFFLE L / ROCK STEP R / SHUFFLE BACK R**

1&2 step right forward - together - step right forward  
3&4 step left forward - together - step left forward  
5-6 step right forward - recover  
7&8 step right back - together - step right back

## **(4) SHUFFLE BACK L / ROCK BACK / STEP R / ¾ TURN / STOMP X 2**

1&2 step left back - together - step left back  
3-4 step right back - recover  
5-6 step right forward - ¾ turn  
7-8 stomp right - stomp left

## **TAG**

1-2 big step right side - stomp up  
3-4 ¼ turn big step left side - stomp up  
5-6 ¼ turn big step right side - stomp up  
7-8 ¼ turn big step left side - stomp up

1-2 ¼ turn big step right side - stomp  
3-4 hold

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