

Only One Friend

Count: 34

Wand: 2

Ebene: Intermediate

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Musik: One Friend - Dan Seals



Intro : 12 count

Wall 3 - dance up to 32 count, Restart

Sec 1 : Basic R, Basic L, Pivot 1/2 L turn, 3/4 Turning L, Basic L

- 12& Step R to R, step L together, step R cross over L
34& Step L to L, step R together, step L cross over R
56& Step R forward, step L forward 1/2 turning L, step R back 1/2 turning L
78& Step L to 1/4 L, step R together, step L cross over (3)

Sec 2 : Side Behind 1/4 R turn, Pivot 1/2 R turn, Knee Sway, Ronde, Full turn L

- 12& Step R to R, cross L behind R, step R to 1/4 turning R (12)
3 4 Step L forward, step R forward 1/2 turning R (6)
5 6 Swing L knee across R, swing L knee to L
7&8 Ronde L from front to behind, touch L behind, R making a full turning L

Sec 3 : Sweep R , Weave, Sweep L, Cross Rock, Recover, 1/2 Turn L, Full Turn R

- 12& Step L with sweep R behind to forward L, step R cross over L, step L to L
34& Step R behind L with sweep L to behind, step L behind R, step R to R
56& Cross rock L over R, recover on R, step L forward 1/2 turn L (7.30)
78& Step R forward, step back on L 1/2 turn R, step R forward 1/2 turn R (1.30)

Sec 4 : Step R, Walk Back L,R, Step L, Cross R, 1/4 L Forward, Press R, 1/4 L Recover, Behind Side, Cross R, Full turning L

- 12& Step L forward, step R to 1/8 R (square back facing 12), walk back L
34& Step R back, step L to L, cross R over L (12)
5 6 Step L 1/4 L forward, press R forward (9)
78& Recover on 1/4 L, cross R behind L, step L to L (6)

***** Wall 3 - Restart after 32 count *****

- 9-10 Cross R over L, making a full turning L (end weight on L) (6)

Ending:

Dance up to Sec 1 with modified step count 6 & 7, 8 - Full turning L, Press R forward

- 6&7 Step L forward 1/2 turning L, step R back 1/2 turning L, step L to 1/2 L (12)
8 Press R forward and pose.

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