

# Besame Muy Lento

**COPPER** **KNOB**  
BYEPOSTETS

Count: 32

Wand: 4

Ebene: High Beginner

Choreograf/in: Nina Chen (TW) - January 2021

Musik: Besame Muy Lento (Mixed) - Walki-Bass & Meri Project



Intro: 32 counts

## S1: SIDE - TOGETHER, BACK SHUFFLE, SIDE - TOGETHER , FWD SHUFFLE

1-2, 3&4 Step RF to R - Step LF beside RF, Back shuffle (R L R)

5-6, 7&8 Step LF to L - Step RF beside LF, Fwd shuffle (L R L)

## S2: DOUBLE HIPS BUMP , CHASSE 1/4 L. (x2)

1&2, 3&4 R double hips bump, Step LF to L - Step RF beside LF - 1/4 turn L (9:00) step LF fwd

5&6, 7&8 R double hips bump, Step LF to L - Step RF beside LF - 1/4 turn L (6:00) step LF fwd

## S3: CROSS ROCK - RECOVER, R CHASSE, ROCK BACK - RECOVER, L CHASSE

1-2, 3&4 Rock RF over LF - Recover on LF, Step RF to R - Step LF beside RF - Step RF to R

5-6, 7&8 Rock LF behind RF - Recover on RF, Step LF to L - Step RF beside LF - Step LF to L

## S4: (R&L) FWD - HEEL STRUT, MONTEREY 1/4 R

1&2, 3&4 Step RF fwd - Lift both heels off the floor - Return the heels to the floor, Step LF fwd - Lift both heels off the floor - Return the heels to the floor

5 - 8 Touch RF toe to R - On ball of LF make 1/4 turn R (9:00) step RF beside LF - Touch LF toe to L - Step LF beside RF

Tag: After Wall2 (6:00), Wall7 (3:00)

## (R & L) SIDE - TOUCH (WITH SHIMMY)

1 - 4 Step RF to R - Touch LF beside RF (Shimmy), Step LF to L - Touch RF beside LF (Shimmy)

Have Fun & Happy Dancing !!!

Contact : Nina Chen : [nina.teach.dance@gmail.com](mailto:nina.teach.dance@gmail.com)