

One Night At A Time

Count: 32

Wand: 2

Ebene: Newcomer

Choreograf/in: Angela Bartsch (DE) - January 2021

Musik: One Night At a Time - George Strait



Tag on Wall 9 after 27 Counts the Step Change with the music L/R /L/ R Sway or you stand still 4 Counts and start again

Intro: 32 Counts

[1 - 8] RF Basic Cha Cha, RF Backrock, RF Lockstep forward

1, 2, 3 RF Step to the Side, LF Rockstep
4&5 LF Chasse
6, 7 RF Backrock
8 & RF Lockstep forward (RF forward, LF Cross behind)

[9 - 16] RF Step forward, L/R Sway, LF Step cross behind, RF ¼ turn right, RF Step forward with a ½ Turn over the left shoulder, RF Lockstep forward

1, 2, 3 RF Step forward, L/R Sway
4 & 5 LF Cross behind, RF ¼ turn right, LF Step forward
6, 7 RF Step forward, ½ turn left
8 & RF Lockstep forward

[17 - 24] RF Step forward, LF Step forward, RF Step forward , LF Rockstep ¼ turn left, RF Cross over LF, LF Point, LF Sailorstep

1, 2, 3 RF Step forward, L/R Step forward
4 & 5 LF Rockstep ¼ turn left Side
6, 7 RF Cross over LF, LF Point side
8 & LF Step back, RF Step side

[25 - 32] LF Step side, R /L Sway on place, RF Chasse ¼ turn right, LF Step ¾ turn, LF Step Side

1, 2, 3 LF Step side, R /L Sway on Place

Tag On Wall 9 (L /R /L /R Sway with the music or you stand still 4 Counts and start again from the Top)

4 & 5 RF Chasse ¼ turn right
6, 7 LF Step ¾ turn
8 & LF Step side, RF drag to the LF with a touch
