Switch to Me (나로 바꾸자)



Count: 96 Wand: 2 Ebene: Phrased Intermediate

Choreograf/in: Lavengers (KOR) - January 2021

Musik: Switch to Me (나로 바꾸자) - RAIN (비) & J.Y.Park (박진영)



Lavengers - Korea (Bon, Eun Ju, Seol A)

Sequence: Intro (32)-A(32)-A-B(32)-C(32)-A-A-B-C

Intro Dance

S1: Big Side-Hitch-Side Touch-Hitch X 2(R, L)

1-4 Big step side RF to R, Hitch LF, Side touch LF to L, Hitch LF
5-8 Big step side LF to L, Hitch RF, Side touch RF to R, Hitch RF

S2: R Back, 1/2R Tun, L Fwd Rock-Back, R Back Rock-Fwd, 1/2L Turn-Fwd

1-2 Step back RF, 1/2R Turn (6:00)

3&4 Step forward LF, Recover RF, Step back LF5&6 Step back RF, Recover LF, Step forward RF

7-8 1/2L Turn, Step forward RF (12:00)

S3: L Fwd Step, Hitch, L Shuffle, Diagonal Back-Touch x2 (R, L)

1-2 Step forward LF, Hitch LF

3&4 Step forward LF, Step RF next to LF, Step forward LF

5-8 Step back diagonal RF, Step touch LF to RF Step back diagonal LF, Step touch RF to LF

S4: R Hitch X2, L Hitch X2, Knee In (R, L), Quickly Knee In (R, L, R)

1&2& (Hitch RF, In place RF) x2
3&4& (Hitch LF, In place LF) x2
5-6 Knee in RF, Knee in LF
7&8 Quickly Knee in (RF, LF, RF)

A1: R side, Behind, Side/L Heel Swivel In-Out-In, 1/4L Fwd Step, 1/4L Side, Back/Heel In-Out-In

1-2 Step side RF to R, Step LF behind RF

3&4 Step side RF with LF heel-swiveling In-Out-In

5-6 1/4L Turn step forward LF, 1/4L Turn step side RF (6:00)

7&8 Step back LF with RF heel swiveling In-Out-In

A2: Camel Walk (R, L), R Shuffle, L Fwd Touch-Side Touch, 1/4L Sailor Step

1-2 Step RF forward popping LF knee forward, Step LF forward popping RF knee forward

3&4 Step forward RF, Step LF next to RF, Step forward RF

5-6 Touch forward LF, Side touch LF to L

7&8 1/4L Turn step back LF, Step RF to R, Step forward LF (3:00)

A3: Kick-Ball-Back-Recover, 1/4L Turn Kick-Ball-Back-Recover X3

1&2& Kick RF, Step ball RF next to LF, Step back LF, Recover RF

3&4&
1/4L Turn kick LF, Step ball LF next to RF, Step back RF, Recover LF (12:00)
5&6&
1/4L Turn Kick RF, Step ball RF next to LF, Step back LF, Recover RF (9:00)
7&8&
1/4L Turn kick LF, Step ball LF next to RF, Step back RF, Recover LF (6:00)

A4: R Jazz Box-Cross, R Side Swivel, L Swivel

1-4 Step cross RF over L, Step back LF, Step side RF to R, Step cross LF over R

5&6 Step side RF to R with LF heel-swiveling In-Out-In7&8 Move balance to L heel-swiveling RF In-Out-In

B1: Diagonai B	ack-Touch (R, L), Both Feet/Swivel in-Out-Hold-Swivel in-Out-Hold
1-2	Step back diagonal RF to R, Step touch LF next to RF
3-4	Step back diagonal LF to L, Step touch RF next to LF
&5-6	Both feet Swivel In, Both feet out, Hold
&7-8	Both feet Swivel In, Both feet out, Hold
B2: Diagonal Back-Touch (R, L), Both Feet/Swivel-Out-Hold-Swivel-Out-Hold	
1-2	Step back diagonal RF to R, Step touch LF next to RF
3-4	Step back diagonal LF to L, Step touch RF next to LF
&5-6	Swivel both feet to R, Both feet out, Hold
&7-8	Swivel both feet to L, Both feet out, Hold
B3: Both Feet Side-Hip Push-Pull X4 (R, L, R, L)	
1&2	Jump with both feet to R, Hip push (arms front), Hip pull (arms in place)
3&4	Jump with both feet to L, Hip push (arms front), Hip pull (arms in place)
5&6	Jump with both feet to R, Hip push (arms front), Hip pull (arms in place)
7&8	Jump with both feet to L, Hip push (arms front), Hip pull (arms in place)
34: Fwd Step-Hitch (R, L), Full Turn walks	
1-4	Step forward RF, Step hitch LF. Step forward LF, Step hitch RF
5-8	1/4R step forward RF, 1/4R step forward LF, 1/4R step forward RF, 1/4R step forward LF
C1: R Vine Ste	p, Touch, Side, Touch, 1/4L Side, Touch
1-4	Step side RF to R, Step behind LF, Step side RF to R, Touch LF next to RF
5-8	Step side LF, Touch RF next to LF, 1/4L step side RF to R, Touch LF next to RF (9:00)
C2: L Vine Step	o, Touch, Side, Touch 1/4R Side, Touch
1-4	Step side LF to L, Step behind RF, Step side LF to L, Touch RF next to LF
5-8	Step side RF, Touch LF next to RF, 1/4L step side LF to L, Touch RF next to LF (6:00)
	p, Touch, Side, Touch, 1/4L Side, Touch
1-4	Step side RF to R, Step behind LF, Step side RF to R, Touch LF next to RF
5-8	Step side LF, Touch RF next to LF, 1/4L step side RF to R, Touch LF next to RF (3:00)
C4: L Vine Step, Touch, R side, Touch, 1/4R Side, Touch	
1-4	Step side LF to L, Step behind RF, Step side LF to L, Touch RF next to LF
5-8	Step side RF, Touch LF next to RF, 1/4L step side LF to L, Touch RF next to LF (12:00)

*Enjoy the dance by line dance Bon.

Bong2345@hanmail.net (YouTube Channel : Linedance Bon)