

Set Free !

Count: 32

Wand: 4

Ebene: Low Intermediate

Choreograf/in: Ira Barie (INA) - December 2020

Musik: Bird Set Free - Sia



Start dancing after 16 count - No TAG

Restart: During wall 5, restart after 16 count

SEC 1. WALK BACK (R-L) - ¼ TURN R TO SIDE - L POINT - ROLLING VINE L - SWEEP R - ROCK FWD R - RECOVER - ¼ TURN R SIDE - RECOVER

- 1-2&3 Walk backward R-L, ¼ turn R step RF to side, point on LF (3.00)
4&5 ¼ turn L step LF forward (12.00), ½ turn L step RF backward (6.00), ¼ turn L step LF to side while RF sweep to front (3.00)
6& Step RF forward, recover on LF
7-8 ¼ turn R step to side, recover on LF (6.00)

SEC 2. ROLLING VINE R - ROCK FWD R - RECOVER - STEP BACKWARD WITH SWEEP - DRAG

- 1-2&3 ¼ turn R step RF forward (9.00), ½ turn R step LF backward (3.00), ½ turn R step RF forward, step LF forward (9.00)
4&5 Step RF forward, recover on LF, step RF backward with sweep LF back
6-7 Step LF backward with sweep RF back, step RF backward
8 Big step LF to side

SEC 3. WALK DIAGONALLY FWD - RECOVER - WALK DIAGONALLY BACKWARD - ½ TURN R WITH SWEEP L - CROSS - STEP TO R SIDE - STEP BACKWARD - RECOVER

- 1-2&3 1/8 turn L Step RF forward (7.30), step LF forward, recover on RF, step LF backward
4&5 Step RF backward, 1/8 turn R step LF backward (9.00), step RF ball and sweep LF in front of RF while turning ½ R (3.00)
6&7 Step LF cross over RF, step RF to side, step LF backward with sweep RF back
8& Step RF behind LF, step LF to side

SEC 4. ½ TURN R POINT - DRAG - HITCH - CROSS SHUFFLE - SIDE - TOUCH - ½ TURN R

- 1-2-3-4 ½ turn R with RF point, drag RF to LF slowly (2-3) , hitch (09.00)
5&6 Step RF cross over LF, step LF to side, step RF cross over LF
&7 Step LF to side, touch RF beside LF
8& ¼ turn R with step RF forward, ¼ turn R with step LF to side (03.00)

Enjoy the dance !!!

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