La Vida Loca

Count: 32

Ebene: Beginner

Choreograf/in: Herman Baso (INA) - December 2020

Musik: La Vida Loca - Taiyel

No Tag, No Restart

Start Dancing after 32 Counts intro

S1# SIDE TOUCH WITH HEELS (OUT - IN - OUT) - CROSS BEHIND - SIDE - CROSS OVER

- 1&2 touch R to side with heels (out, in, out)
- 3&4 cross R behind L, step L to side, cross R over L
- 5&6 touch L to side with heels (out, in, out)
- 7&8 cross L behind R, step R to side, cross L over R

S2# MAMBO - 1/4 PIVOT TO LEFT - MODIFIED L WEAVE WITH CLOSE

- 1&2 step R forward, recover on L, close R next to L
- 3&4 step L back, recover on R, close L next to L
- 5&6& step R fwd, 1/4 turn to left weight on L, cross R over L, step L to side
- 7&8 cross R behind L, step L to side, close R next to L

S3# BATUCADA - COASTER STEP - ½ PIVOT TO RIGHT - STEP FORWARD

- step R back, hold, move hips out with the feet on toes 1&2
- step L back, hold, move hips out with the feet on toes 3&4
- 5&6 step R back, close L next to R, step R fwd
- 7&8 step L fwd, 1/2 pivot to right weight on R, step L fwd

S4# DIAMOND - SIDE - RECOVER - CLOSE - STEP FWD - 1/4 TURN - CLOSE

- 1&2 step R fwd, step L to side, 1/4 turn to right then step R to side with L hitch
- 3&4 step L back, R to side, cross L over R
- 5&6 step R to side, recover on L, close R next to L
- 7&8 Step L fwd, 1/4 turn to right weight on R, close L next to R

Enjoy the dance...

Keep Line Dancing, Get Sweaty, And Stay Healthy!!!

Best Regards, Herman Baso

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Wand: 4