# Out of My Heart



Count: 72 Wand: 1 Ebene: Phrased Intermediate Country

Choreograf/in: Christiane FAVILLIER (FR) - 11 November 2020

Musik: Out of My Heart - Jerrod Niemann : (Album: This Ride)



Musical intro: count 32 beats

Course of the dance: A + 4 sways - B + 4 sways - A + 4 sways - (B) A + 4 sways - (B) A (32 times) included ENDING

#### PART "A" (48 beats)

#### [1 to 8]: OUT-OUT / IN-IN (WITH HELL), KICK BALL CHANGE X2,

1234	Place R heel in front, then L heel, bring R heel to the center, and L heel to the center
5 & 6	Right front kick, bring the sole of the right next to the left, step left next to the right
7 & 8	Right front kick, bring sole of right next to left, step left next to right

### [9 to 16]: ROCK SIDE, SAILOR STEP X2, STEP TURN

12	Step right to right (with weight) and recover on left
3 & 4	Cross right behind left, step left to left, step right to right
5 & 6	Cross left behind right, step right to right, step left to left
7 8	Walk right forward and turn 1/2 turn left (6h)

#### [17 to 24]: STEP LOCK, TRIPLE STEP DIAGO (X2),

12	Walk right forward, block left behind right
3 & 4	Step right forward, step left behind right, step right forward (this is done diagonally forward right)
5 6	Step left, block right behind left
7 & 8	Step left, block right behind left, step left (This is done diagonally before left)

#### [25 to 32]: ROCK STEP, BACK STEPS & POINT (X2), R COASTER STEP, L ROCK FWD & CLOSED

1 2	Step RF forward (with weight) and recover on left
& 3 & 4	Steer right back, point left next to left, step back left, point right next to left **
5 & 6	Step back right, step left close to right, step right forward**

\*\*ENDING HERE: change the steps of 78 & by: Step left, pivot ½ turn to the right (12H) cross tip of left in front of right cross arms in front.

### [33 to 40] - STEP FORWARD & 1/4 TURN L, CROSS SHUFFLE, ROCK STEP DIAGO, BEHIND SIDE CROSS

1 2	Walk right forward and pivot 1/4 turn to left (3H)
3 & 4	Right cross over left, step left to left, cross right over left
5 6	Step left forward (with RF diagonally forward left) and recover on RF
7 & 8	Cross left behind right, step right to right, cross left over right

## [41 to 48]: ROCK STEP DIAGO, COASTER STEP WITH ¼ TURN, L STEP FORWARD & HALF TURN, L STEP FORWARD, L TRIPLE STEP FORWARD

1 2	Step RF forward (with RF diagonally forward right) and recover on left
3 & 4	Step back right, step back left, pivot 1/4 turn to right (6H), step right forward
5 6	Walk forward, pivot 1/2 turn to right (12H)
7 & 8	Step left, step right behind right, step left

#### PART "B" (24 beats)

#### [1 to 8]: DRAG, BACK STEP CROSS R, DRAG, BACK STEP CROSS L, WALKS X4

12 & Long step to the right, step left behind, cross right over left

34 &	Long step left, step right back, cross left over right	
5678	Walk slowly making a ¾ turn to the right (9H) (Arm behind your back)	
10 1 401 DD 10	DAOK OTER OROGO R. DRAG DAOK OTER OROGO I. WALKO VA	
[9 to 16]: DRAG	B, BACK STEP CROSS R, DRAG, BACK STEP CROSS L, WALKS X4	
12 &	Long step to the right, step left behind, cross right over left	
34 &	Long step left, step right back, cross left over right	
5678	Walk slowly making a ¾ turn to the right (6H) (Arm behind your back)	
[17 to 24]: DRAG, BACK STEP CROSS R, DRAG, BACK STEP CROSS L, WALKS X4		
12 &	Long step to the right, step left behind, cross right over left	
34 &	Long step left, step right back, cross left over right	
5678	Walk slowly, making a 1/2 turn to the right (12H) (Arm behind your back)	

END OF PARTS A or B: TAG: sway R, L, R, L (End of walls 1, 2, 3, 5)

SMILE FOR ME & ENJOY !!!