

Se Te Nota

Count: 32

Wand: 2

Ebene: Easy Intermediate

Choreograf/in: Arjan Wesselius (DK) - October 2020

Musik: Se Te Nota - Lele Pons



Intro: 16 Counts from heavy beat

Tags: 1st Tag on 2nd Wall - 2nd Tag on 4th wall - 3rd Tag on 6th Wall

Section 1: Walk x2, stomp + swivel, Coaster step, ½ Turn Pivot

- 1-2 Walk forward Right-Left 12.00
3&4 Stomp down right to left foot (3), Swivel both heels to Left (&), swivel both heels right with ¼ Turn left (4) 09.00
5&6 Step left back (5), step right together (&), step left forward (6) 09.00
7-8 Step forward Right (7), turn ½ left ending weight on left foot (8) 03.00

Section 2: Heel switches, ¼ turn, Funky Jazzbox

- 1&2 Touch Right heel forward (1), step Right together with Left (&), touch Left heel forward (2) 03.00
&3-4 Step Left foot together with Right (&), Step forward on Right foot (3), turn ¼ left ending weight on Left foot (4) **** 12.00
5-6-7-8 Cross Right over Left (5), Step Left a big step backwards (6), Step Right foot to right side (7), Step small step forward on Left foot (8). 12.00

****** 1st Tag on 2nd Wall (Full turn with Hitch and Point on 4 counts)**

Tag + Restart: Music changes and there is a drum hitting 4 times (Count 5-6-7-8)

- &5&6&7&8 4x ¼ left while hitching Right (&), point Out right (5-6-7-8). Tag Always ends on the wall facing at start of the tag and restart afterwards. 12.00

Section 3: Full turn, ½ Turn Lockstep, Sailerstep, Kickball Step

- 1 ½ left by stepping back on Right foot 06.00
2 ½ left by stepping forward on Left foot 12.00
3&4 ¼ turn left by stepping Right foot to right side (3), cross Left foot in front of right (&), ¼ turn left by stepping right Backwards (4) 06.00
5&6 Step Left foot behind Right (5), Step Right to right side (&), step Left foot to left side. 06.00
7&8 Kick Right forward (7), Step right together with left (&), Step forward on Left foot (8) 06.00

Section 4: ½ turn Heel Grind, ½ turn walk x2, stomp, Bodyroll

- 1-2 Step Right heel forward (1), Grind ½ turn right by stepping Left foot back. 12.00
3-4 Step ½ right, by stepping forward on Right foot (3), walk forward on Left (4) **** 06.00
5-6 Walk forward on Right foot (5), Stomp Left foot down together with Right (6) 06.00
7-8 Body roll from knees to head. Push knees forward, and roll body along upwards. 06.00

****** 2nd + 3rd Tag here on wall 4 + 6 (Full turn with Hitch and point on 4 counts)**

Tag + Restart: Music changes and there is a drum hitting 4 times (Count 5-6-7-8) Tag Always ends on the wall facing at start of the tag and restart afterwards.

- &5&6&7&8 4x ¼ left while hitching Right (&), point Out right (5-6-7-8). 12.00

Ending: On wall number 8, at the end of the dance der is an ending, count 7-8-1. Instead of body roll you do a step-turn-step (7-8-1), and are now ending facing 12.00

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