

# Better As One

Count: 64

Wand: 2

Ebene: Advanced

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Musik: Better as One - The Heavy



## #32 Count Intro

Pattern: 64/Tag/48/64/Tag/48/64(Finish)

### [1 - 8]: Slide, Knee Pop x 2, Slide, Knee Pop x 2

- 1-2 Long step RF to R side, step LF beside RF
- 3-4 Push both knees forward x 2 (Left then Right)
- 5-6 Long step LF to L side, step RF beside LF
- 7-8 Push both knees forward x 2 (Right then Left)

### [9 - 16]: Press Slide, Press Slide, Cross Side Rock, Cross Kick Step

- 1-2 Press RF beside LF, slide LF back to L diagonal
- 3-4 Press LF beside RF, slide RF back to R diagonal
- 5&6 Cross RF over LF, rock LF to L side, recover weight to RF
- &7&8 Cross LF over RF, kick RF to R side, Hitch R knee, step RF beside LF

### [17 - 24]: Swivet, Back Together, Heel Hip Bumps

- 1-2 Swivet R toe to R side L heel to L side, recover to center
- 3-4 Long step back on RF, step LF beside RF
- 5&6 Touch R heel forward bump hips forward, bump hips back, step RF forward
- 7&8 Touch L heel forward bump hips forward, bump hips back, step LF forward

### [25 - 32]: Moonwalk Glides 1/2 Turn x 2, Vine, Cross, C Bump, Hip

- 1-2 Touch RF forward slide LF back, turn 1/2 L taking weight to L
- 3-4 Touch RF forward slide LF back, turn 1/2 L taking weight to L

#### (Easy Alternative, Step Pivot 1/2 turn Lx2)

- 5& Step RF to R side, step LF behind RF
- 6& Step RF to R side, Cross LF over RF
- 7-8 Hitch R knee, step RF to R side bump hips R

### [33 - 40]: Hip, Hip, Full Turn Step Hitch Step Hitch, Side, Touch

- 1-2 Bump hips L, bump hips R
- 3-4 Turn 1/4 L step LF forward, turn 1/4 L hitch R knee
- 5-6 Turn 1/4 L step RF back, turn 1/4 L hitch L knee
- 7-8 Step LF to L side, touch RF beside LF

### [41 - 48]: Kick & Twist, Kick & Twist, Point & Point, Body Roll, Twist

- 1& Kick RF to R diagonal, step RF beside LF
- 2& Twist toes out, recover toes to center (as you open toes, bend knees slightly)
- 3& Kick LF to L diagonal, step LF beside RF
- 4& Twist toes out, recover toes to center (as you open toes, bend knees slightly)
- 5&6 Point RF to R side, step RF beside LF, point LF to L side
- 7-8 Body roll to L take weight on to LF

#### \*RESTART HERE ON WALLS 2 & 4

### [49 - 56]: Heel Twist x 2, Ball Cross, Side Rock, Ball Step, Touch

- &1& Twist R heel out, twist R heel in, twist R heel out
- 2&3 Twist R heel in, step RF beside LF, cross LF over RF
- 4 Hold

5-6& Rock RF to R, recover weight to LF, step RF beside LF  
7-8 Step LF to L, touch RF behind LF (click L hand to L side)

**[57 - 64]: 1 1/2 Rolling Vine, Mashed Potatoes, Flick Step**

1-2 Turn 1/4 R step RF forward, turn 1/2 R step LF back  
3-4 Turn 1/2 R step RF forward, turn 1/4 R step LF to L  
&5 Twist heels out, step RF back twist heels in  
&6 Twist heels out, step LF back twist heels in  
&7 Twist heels out, step RF back twist heels in  
8 Close LF next to RF

**\*Tag After Walls 1 & 3**

**[1 - 8]: Step Heel Swivels, Step Heel Swivels**

1& Step RF to R diagonal, swivel L heel in  
2&3 Swivel L toe in, swivel L heel in, swivel L toe in  
&4 Raise up on both toes, lower both heels  
5& Step LF to L diagonal, swivel R heel in  
6&7 Swivel R toe in, swivel R heel in, swivel R toe in  
&8 Raise up on both toes, lower both heels

**[9 - 16]: Step Heel Swivels, Run Around, Cross & Cross**

1& Step RF to R diagonal, swivel L heel in  
2&3 Swivel L toe in, swivel L heel in, swivel L toe in  
&4 Raise up on both toes, lower both heels  
5& Turn 1/4 L step LF forward, turn 1/4 L step RF forward  
6& Turn 1/4 L step LF forward, turn 1/4 L step RF forward  
7&8 Cross LF over RF, step RF beside LF, cross LF over RF

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