

# I Messed Up

Count: 64

Wand: 2

Ebene: Phrased Intermediate

Choreograf/in: Jean-Pierre Madge (CH) - March 2020

Musik: Love Me Again - Olly Murs



Sequences : AA BA AA BA BB

## A: 32 counts

### A1: Rock, Recover and Touch, Sit, Step 1/4 R, Behind Side Cross

- 1-2&3 Rock L forward (1), Recover R (2), Step L next R (&), Touch R forward (3)  
4 Sit on your L (4) Snap your L hand down  
5-6 Walk R forward (5), 1/4 R Step L to L (6),  
7&8 Cross L behind R (7), Step L to L (&), Cross R over L (8)

### A2: Touch, Snap & Touch, Snap, & Touch, Snap and Slide

- 1-2 Touch L to L (1), Snap your R hand to R (2),  
&3-4 Bring L next R (&), Touch R forward (3), Snap L hand forward (4)  
&5-6 Bring R next L (&), Touch L forward (5), Snap R hand forward (6)  
&7-8 Bring L next R (&), Big Step R to R (7), Drag L next R (8) while you are doing 7,8, open your arms from under to the sides

### A3: Sailor 1/4 L, Chassé forward, 1/4 R, 1/4, R, Cross shuffle

- 1&2 Cross L behind R (1), 1/4L Step R to R (&), Step L forward (2)  
3&4 Step R forward (3), Step L next R (&), Step R forward (4)  
5-6 1/4 R Step L to L side (5), 1/4 R Step R to R side (6)  
7&8 Cross L over R (7), Step R to R (&), Cross L to R (8)

### A4: Step, Swivel Heels, Behind Side Cross, Heels Twist

- 1&2 Step R to R (1), Swivel both heels to R (&), Bring both heels back (2)  
3&4 Cross R behind L (3), Step L to L (&), Cross R over L (4)  
5& Step L to L (5), Swivel R heel in (&)  
6& Swivel R heel out (6), Swivel L heel in (&)  
7& Swivel L heel out (7), Swivel R heel in (&)  
8 Swivel R heel out (8)

## B: 32 counts

### B1: Walk, Walk, Chassé, Step 1/4 L, Step 1/2 L

- 1-2 Walk L (1), Walk R (2),  
3&4 Step L forward (3), Step R next L (&), Step L forward (4)  
5-6 Step R forward (5), 1/4 L Step L to L (6)  
7-8 Step R forward (7), 1/2 L Step L forward (8)

On count 5-6-7-8 Open both arms from down to the sides and up slowly

### B2: Walk, Walk, Chassé, Step 1/4 L, Step 1/2 L

- 1-2 Walk R (1), Walk L (2),  
3&4 Step R forward (3), Step L next R (&), Step R forward (4)  
5-6 Step L forward (5), 1/4 R Step R to R (6)  
7-8 Step L forward (7), 1/2 R Step R forward (8)

On count 5-6-7-8 Open both arms from down to the sides and up slowly

### B3: Rock, Recover, Chassé 1/2L, Hips bumps

- 1-2 Rock L forward (1), recover on R (2)  
3&4 1/4 L Step L to L (3), Bring R next L (&), 1/4 L Step L forward (4)

5&6& Touch R toe to R diagonal (5), Bump hips Up and Down making a C (&6&7&8)

**B4: And Cross, Out, Swivels in, AppleJacks**

&1-2 Bring R next to L (&), Cross L over R (1), Step R to R (2)

3&4 Bring L heel in (3), Bring L Toe in (&), Bring L heel in (4)

5& On Ball of L and heel of R, Swivel L and R to the R (5) return to center (&)

6& On Ball of R and heel of L, Swivel R and L to the L (6) return to center (&)

7& On Ball of L and heel of R, Swivel L and R to the R (7) return to center (&)

8& On Ball of R and heel of L, Swivel R and L to the L (8) Recover Weight on R(&)

**Smile and start the dance again !**

---