

Jack Daniel's Heart

Count: 32

Wand: 2

Ebene: Intermediate Cha Cha / Polka

Choreograf/in: Sarah Fröhlich (DE) - September 2020

Musik: Jack Daniels' Heart - The Cadillac Three



Dance starts after 16 counts!

End Sailor Step, Hold, Close, Side, Hold, Close, Side, Back-Rock, Start Chassé Left

1,2 RF step right, hold & 3,4 LF close to RF, RF step right, hold
&5 LF close to RF, RF step right 6,7 LF step back, recover on RF
8& LF step left, RF close to LF,

End Chassé Left, Back-Rock, Lock Step*, ½ Step Turn, Start Lock Step*

1,2,3 LF step left, RF step back, recover on LF
4&5 RF step forward, LF lock behind RF, RF step forward
6,7 LF step forward, ½ turn and recover weight on RF
8& LF step forward, RF lock behind LF,

End Lock Step*, Rock Step, ¼ Turn, Chassé, Cross, Point, Start Botafogo

1,2,3 LF step forward, RF step forward, recover weight on LF
4&5 ¼ turn to the right stepping RF to the right, LF close to RF, RF step right
6,7 LF cross over RF, RF point to right
8& RF cross over LF, LF step to the left

End Botafogo, ¼ Turn Jazz Box, Rock Step, Sweep, Begin Sailor Step

1,2 recover on RF, LF cross over RF
3,4 RF step back, ¼ turn to the left stepping LF forward
5,6 RF step forward, recover on LF
7,8& RF sweep from front to back, RF cross behind LF, LF close to RF

Tag 1 at the End of wall 3:

1-4 sway to the right, sway to the left

Restarts: After count 28 in wall 5,6,7,8,9

Tag 2 at the End of wall 10. Dance till count 28 and continue with:

1-4 Rocking Chair with RF
5-8 2x ½ Step Turns with RF
1,2& RF step right, Hold, LF close to RF

Start dancing Polka Motion

***during Polka Motion dance Shuffles instead of Lock Steps**

Have fun and be happy!