

Keep Up

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: JMP (KOR) - September 2020

Musik: Keep Up - RaeLynn



Start : After 24 counts - No Tag, No Restart

S1 (1-8) Walk, Walk, Heel Split (Weight on LF), Back, Back, Heel Split (Weight on LF)

1 2 3&4 Step RF Forward, Step LF Forward, Step RF Forward and move both heel in, out, in
5 6 7&8 Step RF Forward, Step LF Forward, Step RF Forward and move both heel in, out, in

S2 (1-8) Hip - Bumps, Behind, Side, Cross (R - L)

1 & 2 Touch RF Forward diagonal, Hip - bump twice
3 & 4 Cross RF behind LF, Step LF side, Cross RF over LF
5 & 6 Touch LF Forward diagonal, Hip - bump twice
7 & 8 Cross LF behind RF, Step RF side, Cross LF over RF

S3 (1-8) Hinge 1/2 Turn Left, Cross Shuffle, Stomp, Hook, Shuffle Forward

1 2 3&4 1/4 turn left step RF back, 1/4 turn left step LF side, RF cross shuffle
5 6 7&8 Step LF stomp side, Hook RF cross over LF, RF shuffle forward

S4 (1-8) 1/4 Turn Right L Heel Jack Step, R Heel Jack Step, Touch

1 2 & 1/4 turn right step LF side, Cross RF behind LF, Step LF beside RF
3 & 4 Touch RF diagonal forward, Step RF beside LF, Cross LF over RF
5 6 & Step RF side, Cross LF behind RF, Step RF beside LF
7 & 8 Touch LF diagonal forward, Step LF beside RF, Touch RF beside LF

HAVE FUN ~~~

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