

# La Zumbera

Count: 160

Wand: 1

Ebene: Phrased Intermediate

Choreograf/in: Ayek Lesmana (INA) - September 2020

Musik: La Zumbera (Video Mix) - DJ Samuel Kimkò



**Sequence : A (32 Count ) B C A B C A B**

**Start on vocal**

## **PART A : 64 COUNT**

### **A1. RIGHT SIDE WAVE**

1 - 8 Step R to side and while the body making side wave movement

### **A2. IN PLACE - HOLD - BODY WAVEx2**

1 - 2 Step L in place, Hold

3 - 4 Step R in place, Hold

5 6 7 8 Body Wave 2x

### **A3. LEFT SIDE WAVE**

1 - 8 Step L to side and while the body making side wave movement

### **A4. IN PLACE - HOLD - BODY WAVEx2**

1 - 2 Step R in place, Hold

3 - 4 Step L in place, Hold

5 6 7 8 Body Wave 2x

### **A5. CHEST PUMP x4 WITH ARM VARIATION**

1 - 2 Push your chest forward and put both hands on the shoulders, push your chest forward and put both hands on hipline

3 - 4 Push your chest forward and put both hands on the shoulders, push your chest forward and put both hands on hipline

5 - 6 Push your chest forward and put both hands on the shoulders, push your chest forward and put both hands on hipline

7 - 8 Push your chest forward and put both hands on the shoulders, push your chest forward and put both hands on hipline

**(The whole movement facing 1:30)**

### **A6. V STEP - BALL FORWARD, SIDE, BACK - CLOSE**

1 - 2 Step R diagonal forward, Step L diagonal forward

3 - 4 Step R back to center, Step L back to center

5 6 7 8 Ball R forward, Ball R to side, Ball R back, Close R beside left.

### **A7. CHEST PUMP x4 WITH ARM VARIATION**

1 - 2 Step L to side, push your chest forward and put both hands on the shoulders, push your chest forward and put both hands on hipline

3 - 4 Push your chest forward and put both hands on the shoulders, push your chest forward and put both hands on hipline

5 - 6 Push your chest forward and put both hands on the shoulders, push your chest forward and put both hands on hipline

7 - 8 Push your chest forward and put both hands on the shoulders, push your chest forward and put both hands on hipline

**(The whole movement facing 10:30)**

### **A8. V STEP - BALL FORWARD, SIDE, BACK - CLOSE**

1 - 2 Step L diagonal forward, Step R diagonal forward

3 - 4 Step L back to center, Step R back to center  
5 6 7 8 Ball L forward, Ball L to side, Ball L back, Close L beside right

## **PART B. 32 COUNT**

### **B1. CUMBIA FRONT & BACK - HOP SIDEx4**

1 2 3 4 Heel R forward, Ball R back, Heel R forward, Ball R back (Facing 10.30 )  
5 6 7 8 Hop R to side ( left foot along right foot ) 4x

**Arm Styling : Swing right hand straight up, and bend left hand in front of your chest ( diagonal position ).**

### **B2. CUMBIA FRONT & BACK - HOP SIDEx4**

1 2 3 4 Heel L forward, Ball L back, Heel L forward, Ball L back (Facing 1.30 )  
5 6 7 8 Hop L to side ( right foot along left foot ) 4x

**Arm Styling : Swing left hand straight up, and bend right hand in front of your chest ( diagonal position ).**

### **B3. CUMBIA FRONT & BACK - TURN 1/4 LEFT WITH BALLx4**

1 2 3 4 Heel R forward, Ball R back, Heel R forward, Ball R back (Facing 10.30 )  
5 6 Turn ¼ Left Ball right to side, Turn ¼ Left Ball right to side  
7 8 Turn ¼ Left Ball right to side, Turn ¼ Left Ball right to side

### **B4. CUMBIA FRONT & BACK - TURN ¼ RIGHT WITH BALLx4**

1 2 3 4 Heel L forward, Ball L back, Heel L forward, Ball L back (Facing 1.30 )  
5 6 Turn ¼ Right Ball left side, Turn ¼ Right Ball left side  
7 8 Turn ¼ Right Ball left side, Turn ¼ Right Ball left side

## **PART C. 64 COUNT**

### **C1. STEP FORWARD IN OPEN LEG POSITION - CHEST PUMP WITH ARM VARIATION**

1 2 3 4 Step R diagonal forward, Step L diagonal forward, Step R forward, Step L forward ( open leg position )  
5 6 Push your chest forward ( left hand curled above the head ), push your chest forward ( bend left hand and push to the left side ) .. Facing 1.30  
7 8 Push your chest forward ( left hand curled above the head ), push your chest forward ( bend left hand and push to the left side )

### **C2. STEP BACKWARD IN OPEN LEG POSITION - CHEST PUMP WITH ARM VARIATION**

1 2 3 4 Step L diagonal back, Step R diagonal back, Step L back, Step R back ( open leg position )  
5 6 Push your chest forward ( right hand curled above the head ), push your chest forward ( bend right hand and push to the right side ) .. Facing 10.30  
7 8 Push your chest forward ( right hand curled above the head ), push your chest forward ( bend right hand and push to the right side )

### **C3. FORWARD MAMBO - BACKWARD MAMBO - SIDE ROCK - RECOVER - SIDE ROCK - RECOVER**

1 & 2 Step R forward, Recover on L, Step R back  
3 & 4 Step L back, Recover on R, Step L forward  
5 & 6 Step R to side, Recover on L, Close R beside L  
7 & 8 Step L to side, Recover on R, Close L beside R

### **C4. BOTAFOGO - TURN ¼ RIGHT - JAZZ BOX**

1 - a2 Cross R over L, Ball Left to side, Step R in place  
3 - a4 Cross L over R, Ball Right to side, Step L in place  
5 6 7 8 Turn ¼ Right Cross R over L, Step L back, Step R to side, Step L forward

### **C5. WALK FORWARD - KICK BALL STEP - PIVOT ¼ LEFT**

1 2 3 4 Walk forward R,L,R,L ( Option : bend your knee on count 1&3 )  
5 & 6 Kick R forward, Close R beside L, Step L forward  
7 8 Step R forward, Turn ¼ Left Step L in place

### **C6. VOLTA R - L**

1&2& Cross R over L, Ball L to side, Cross R over L, Ball L to side  
3&4 Cross R over L, Ball L to side, Cross R over L  
5&6& Cross L over R, Ball R to side, Cross L over R, Ball R to side  
7&8 Cross L over R, Ball R to side, Cross L over R

#### **C7. PIVOT ½ LEFTx2 - WALK FORWARD**

1 2 Step R forward, Turn ½ Left, Step L in place  
3 4 Step R forward, Turn ½ Left, Step L in place  
5 6 7 8 Walk forward R,L,R,L (back to center)

#### **C8. BATU CADA**

1 2 Step R back, Touch L slightly forward and hip roll  
3 4 Step L back, Touch R slightly forward and hip roll  
&5&6& Step R back, Touch L slightly forward and hip roll, Step L back, Touch R slightly forward and hip roll, Step R back  
7&8 Touch L slightly forward and hiproll, Step L back, Touch R slightly forward and hip roll

**Enjoy the dance...**

**Contact : [ayeklesmana@gmail.com](mailto:ayeklesmana@gmail.com)**

---