

# My Humps

**COPPER** **NOB**  
STEPSHEETS

Count: 64

Wand: 2

Ebene: High Intermediate

Choreograf/in: Ipiet Udha (INA) - September 2020

Musik: My Humps - Black Eyed Peas



## Start on Vocal

Dance Sequences : 32 – 64 – 48 – 48 – 32 – 64 – 64 – 32 – 64

### S1 ( 1 – 8 ) WALK – WALK – STEP OUT – BODY ROLL OUT IN

1-2-3-4 step R fwd , step L fwd , step R fwd , step L fwd

5-6-7-8 step R out beside L , step L in place, Roll Body from Right top To the left down ( facing 11.00 )

### S2 ( 9 – 16 ) TURN ¼ LEFT KICK BALL – FULL TURN LEFT- HEEL TOUCH

1 & 2 Turn 1/8 left ( facing 09.00) kick L fwd , step L beside R , cross R over L

3 – 4 Turn ¼ left step L fwd, turn ½ left step R back

5 – 6& Turn ½ left step L fwd, step R to side, heel touch L in place

7& 8& step L in place , heel touch R in place, step R in place, heel touch L in place

### S3 ( 17 – 24 ) BRUSH FWD – HITCH – KICK – HOCK

1 – 2& turn ¼ left step L in place, brush R beside L, hitch L

3 – 4 step R fwd, close L together

5 & 6 Kick R fwd , step R beside L , kick L fwd

7 & 8 Hock L back , step L beside R , cross R over L

### S4 ( 25 – 32 ) TURN ¾ UNWIND – STEP WITH HIP SWAY – TURN ½ LEFT STEP HIP SWAY- ROLL BODY UP AND DOWN

1 – 2 Turn ¾ left RF beside LF

3 – 4 Step out R to side with hip sway to right, step L in place with hip sway to left

5 – 6 turn ½ left step R to side with hip sway , step L to side with hip sway

7 – 8 Roll body from the Right top To the left down ( facing 11.00 )

### S5 ( 33 – 40 ) FULL TURN RIGHT – KNEE DOWN – SLIDING TOE SIDE

1 – 2 step R fwd , turn ½ right step L back ( diagonal position )

3 – 4 turn ½ right step R fwd , step L beside R

5 – 6 R knee down to the floor, L knee down to the floor

7 – 8 sliding toe R to side, Hold

### S6 ( 41 – 48 ) KNEE STAND – BODY STAND UP – TURN ½ RIGHT - WALK

1 – 2 R knee standing beside L knee stand , step up LF in place

3 – 4 Body stand up position L over R toe touch behind and weight on fwd

5 – 6 turn ½ right step R in place , step L together

7 – 8 step R fwd , step L fwd ( stay diagonal position )

### S7 ( 49 – 56 ) TURN 1/8 RIGHT – TURN ½ LEFT – WALK – TURN ½ LEFT WALK

1 – 2 turn 1/8 right step R fwd ( facing 06.00 ) , turn ½ left step L fwd ( facing 12.00 )

3 – 4 step R fwd , step L fwd

5 – 6 step R fwd , turn ½ left step L fwd

7 – 8 step R fwd , step L fwd

### S8 ( 57 – 64 ) SAMBA STEP 2X – BACK CHASSE 2X

1 & 2 cross R over L , step L to side , recover on R

3 & 4 cross L over R , step R to side , recover on L

5 & 6            step R back , step L over R , step R back  
7 & 8            step L behind R , step R over L , step L back

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