

Whistling AB (Silbando AB)

COPPERKNOB
STEPSHETS

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Joan Morro (ES) - August 2020

Musik: (Sittin' On) The Dock of the Bay - Otis Redding



no Tags no Restarts

[1-8] STEP SIDE, CROSS, STEP SIDE, TOUCH, STEP SIDE, TOUCH, SWAY X 2

- 1-2 LF step side L, RF cross over L
- 3-4 LF step side L, RF touch near LF
- 5-6 RF Step side R, LF touch near RF
- 7-8 LF Step side L & Sway L, RF recover weight and sway

[9-16] RHUMBA BOX

- 1-2 LF Step side L, RF Step together LF
- 3&4 LF Step fwd, RF step fwd near LF, LF step fwd
- 5-6 RF Step side R, LF step together RF
- 7&8 RF Step bwd, LF step bwd near RF, RF Step bwd

[17-24] ROCK BWD, ½ TURN R, SHUFFLE FWD, ¼ TURN L

- 1-2 LF rock bwd, RF recover
- 3-4 LF Step fwd, RF ½ turn R & Step fwd (6.00)
- 5&6 LF step fwd, RF step fwd near LF, LF step fwd
- 7-8 RF Step fwd, LF ¼ turn L & step side L (3.00)

Arms Styling

When you make rock back (counts 1-2), you can lift your left arm up, leaving your right arm at waist level

[25-32] CROSS, STEP SIDE, CROSS SHUFFLE, ROCK SIDE, CROSS, STEP SIDE

- 1-2 RF cross over LF, LF step side L
 - 3&4 RF cross over LF, LF Step side L, RF Cross over LF
 - 5-6 LF Rock side L, RF Recover weight
 - 7-8 LF Cross over R, RF step side R
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