

Be Kind & Lovin'

Count: 48

Wand: 4

Ebene: Beginner

Choreograf/in: Melissa Lau (NZ) - August 2020

Musik: Don't Be Cruel / Let Me Be Your) Teddy Bear - Dennis Marsh



Dance begins on vocals after 16 counts

SIDE TOE STRUT, BACK ROCK, VINE, CROSS

1, 2, 3, 4 Touch R toe to side, drop R heel, rock L back, recover weight on R (12:00)
5, 6, 7, 8 Step L to side, step R behind L, step L to side, cross R over L

SIDE TOE STRUT, BACK ROCK, VINE ¼ RIGHT, BRUSH

1, 2, 3, 4 Touch L toe to side, drop L heel, rock R back, recover weight on L
5, 6, 7, 8 Step R to side, step L behind R, turn ¼ right stepping R fwd, brush L fwd (3:00)

FWD LOCK-STEP, HOLD, LEFT ½ PIVOT, LEFT ¼ PIVOT

1, 2, 3, 4 Step L fwd, step R crossed behind L, step L fwd, hold
5, 6 Step R fwd, pivot ½ turn left transferring weight onto L (9:00)
7, 8 Step R fwd, pivot ¼ turn left transferring weight onto L (6:00)

'TOE STRUT' JAZZ BOX CROSS

1, 2, 3, 4 Cross R toe over L, drop R heel, touch L toe back, drop L heel
5, 6, 7, 8 Touch R toe to side, drop R heel, cross L toe over R, drop L heel

POINT-TOUCH-POINT, HOLD, BEHIND-SIDE-CROSS, HOLD

1, 2, 3, 4 Point R toe to side, touch R toe beside L instep, point R toe to side, hold
5, 6, 7, 8 Step R behind L, step L to side, step R across L, hold

POINT-TOUCH-POINT, HOLD, BEHIND, ¼ RIGHT, FWD, HOLD

1, 2, 3, 4 Point L toe to side, touch L toe beside R instep, point L toe to side, hold
5, 6, 7, 8 Step L behind R, turn ¼ right stepping R fwd, step L fwd, hold (9:00)

*** RESTARTS: on wall 3 after 24 counts (facing 12 o'clock)**

wall 5 after 24 counts (facing 3 o'clock)

wall 7 after 40 counts (facing 6 o'clock)

wall 10 after 40 counts (facing 6 o'clock)

(Restarts on wall 7 and 10: counts 37, 38, 39, 40 BEHIND-SIDE-TOUCH, HOLD)

37, 38, 39, 40 Step R behind L, step L to side, tap R toe next to L, hold

*** ENDING: after 22 counts, STEP R FWD facing the front**