

Hip

Count: 32

Wand: 4

Ebene: High Improver

Choreograf/in: Rebecca Lee (MY) - July 2020

Musik: HIP - MAMAMOO



Intro: 64 counts (28 sec)

Note: Have Fun!!

[1 – 8] R SIDE ROCK x2, STEP SWEEP, JAZZ BOX

- 1- 2 Rock R to R side (1) Recover L (2), (ADD ON HIP SWAY FOR STYLING) 12:00
- 3- 4 Rock R to R side (3) Step L next to R while sweep R from side to front (4) 12:00
- 5- 6 Cross R over L (5) Step L back (6), 12:00
- 7- 8 Step R to R side (7), Cross L over R (8) 12:00

[9 – 16] 1/4 R MONTEREY TURN, POINT STEP, ROCKING CHAIR, ROCK R FORWARD, HITCH R

- 1- 2 Point R to R side (1), ¼ turn R Step R next to L (2) 3:00
- 3- 4 Point L to L side (3), Step L next to R (4) 3:00
- 5- 6 Rock R forward (5) Recover L (6) 3:00
- 7- 8 Rock R forward (7) Recover L while hitch R (8) 3:00

[17 – 24] R DIAGONAL STEP BACK, DRAG, L DIAGONAL STEP BACK, DRAG, R DIAGONAL BACK, L DIAGONAL BACK, R STEP IN PLACE, L TOGETHER

- 1- 2 Step R diagonally back R (1), Drag L to R (2), 3:00
- 3- 4 Step L diagonally back L (3) Drag R to L (4) 3:00
- 5- 6 Step R diagonally back R (5), Step L diagonally back L(6) 3:00
- 7- 8 Step R in place (7), Step L next to R (8) 3:00

[25 – 32] KICK BALL STEP, WALK R,L OUT, OUT , ARMS, HIP SWAY

- 1- 2 Kick R forward (1), Step R next to L (&), Step L forward (2) 3:00
- 3- 4 Walk R forward (3) Walk L forward (4) 3:00
- &56 Step R to R side (&) Step L to L side (5) Bring both arm to the side elbow at waist line (6) 3:00
- 7&8 Place R hand at R hipline (7) Place L hand at L hipline (&) Hip sway from R to L (8) 3:00

NO TAG NO RESTART

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