

# Hip

Count: 32

Wand: 4

Ebene: High Improver

Choreograf/in: Rebecca Lee (MY) - July 2020

Musik: HIP - MAMAMOO



**Intro: 64 counts (28 sec)**

**Note: Have Fun!!**

## **[1 – 8] R SIDE ROCK x2, STEP SWEEP, JAZZ BOX**

- 1- 2            Rock R to R side (1) Recover L (2), (ADD ON HIP SWAY FOR STYLING) 12:00
- 3- 4            Rock R to R side (3) Step L next to R while sweep R from side to front (4) 12:00
- 5- 6            Cross R over L (5) Step L back (6), 12:00
- 7- 8            Step R to R side (7), Cross L over R (8) 12:00

## **[9 – 16] 1/4 R MONTEREY TURN, POINT STEP, ROCKING CHAIR, ROCK R FORWARD, HITCH R**

- 1- 2            Point R to R side (1), ¼ turn R Step R next to L (2) 3:00
- 3- 4            Point L to L side (3), Step L next to R (4) 3:00
- 5- 6            Rock R forward (5) Recover L (6) 3:00
- 7- 8            Rock R forward (7) Recover L while hitch R (8) 3:00

## **[17 – 24] R DIAGONAL STEP BACK, DRAG, L DIAGONAL STEP BACK, DRAG, R DIAGONAL BACK, L DIAGONAL BACK, R STEP IN PLACE, L TOGETHER**

- 1- 2            Step R diagonally back R (1), Drag L to R (2), 3:00
- 3- 4            Step L diagonally back L (3) Drag R to L (4) 3:00
- 5- 6            Step R diagonally back R (5), Step L diagonally back L(6) 3:00
- 7- 8            Step R in place (7), Step L next to R (8) 3:00

## **[25 – 32] KICK BALL STEP, WALK R,L OUT, OUT , ARMS, HIP SWAY**

- 1- 2            Kick R forward (1), Step R next to L (&), Step L forward (2) 3:00
- 3- 4            Walk R forward (3) Walk L forward (4) 3:00
- &56            Step R to R side (&) Step L to L side (5) Bring both arm to the side elbow at waist line (6) 3:00
- 7&8            Place R hand at R hipline (7) Place L hand at L hipline (&) Hip sway from R to L (8) 3:00

**NO TAG NO RESTART**

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