

Superman

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Frédéric Marchand (FR) - July 2020

Musik: Superman - Keith Urban



Intro : 16 counts - Start 1 beat after the lyrics - Bodyweight on the left foot

Séquence : 32 – 32 – 32 – 32 – 32 – 32 – 32 – 32 – 32 – 32 – FINAL

S1: KICK BALL STEP RIGHT, SWEEP RIGHT, CROSS, SIDE ROCK, RECOVER, BEHIND, STEP 1/4 TURN RIGHT, STEP LEFT FWD

- 1&2 Kick Right Fwd, Step down Right ball, Step Left Fwd [12 o'clock]
3-4 Make a circular movement with the right leg from back to front, Cross Right over Left
5-6 Step Left to Left side, Recover on Right
7&8 Cross Left Behind Right (Weight Ends On Left), Make 1/4 turn Right stepping Right Fwd, Step Left Fwd [3a.m]

S2: ROCK STEP FWD RIGHT, RECOVER, COASTER STEP RIGHT, STEP 1/2 TURN RIGHT, 1/4 TURN RIGHT WITH SLIDE, DRAG RIGHT

- 1-2 Step Right Fwd, Recover on Left
3&4 Step Right Back, Step down Left ball, Step Right Fwd
5-6 Step Left Fwd, 1/2 Turn Right (weight Ends On Right) [9a.m]
7-8 Make a 1/4 turn Right and take a big step to Left with Left Foot, Dragging Right next to Left [12 o'clock]

S3: BEHIND, STEP 1/4 TURN LEFT, STEP RIGHT FWD, MAMBO 1/4 TURN LEFT, TOGETHER, SIDE LEFT, TOUCH RIGHT, SIDE RIGHT, TOUCH LEFT

- 1&2 Cross Right Behind Left (Weight Ends On Right), Make 1/4 turn Left stepping Left Fwd, Step Right Fwd [9a.m]
3&4 Step Left Fwd, Recover on Right and starting 1/8 turn to the left, Make 1/8 turn Left with Left Foot to Left side [6a.m]
&5-6 Together, Step Left to Left side, Touch Right next to the Left
7-8 Step Right to Right side, Touch Left next to the Right

S4: STEP 1/4 TURN LEFT, 1/2 TURN BACK LEFT, 1/2 TRIPLE STEP TURN LEFT, JAZZ BOX

- 1-2 Make 1/4 turn Left stepping Left Fwd [3a.m], 1/2 Turn Left with Right foot Back [9a.m]
3&4 1/4 Turn Left with Left foot Fwd, Together, 1/4 Turn Left with Left foot Fwd [3a.m]
5-8 Cross Right over Left, Step Left Back, Together, Step Left Fwd

FINAL Here wall 10

FINAL: WALL 10 – END SECTION 4 AFTER 32 COUNTS REPLACE JAZZ BOX WITH A JAZZ BOX 1/2 TURN RIGHT TO FINISH AT 12:00

On wall 10 after 32 counts, replace the JAZZ BOX by a JAZZ BOX 1/2 turn Right to finish at 12 o'clock

Recommencez avec le sourire.....

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