# **Inside My Heart**



Count: 32 Wand: 4 Ebene: Improver

Choreograf/in: Bambang Satiyawan (INA) - July 2020

Musik: Rindu Dalam Hati - Arsy Widianto & Brisia Jodie



Start dance on vocal

Tag 1 after wall 2

Tag 2 after wall4

Restart on wall 6 after 16 counts,

# Section I. SIDE-BEHIND-SIDE-CROSS-RECOVER-SIDE-CROSS-RECOVER-TURN AND FORWARD-BACKWALK

1 – 2&	Step R to side, Cross L behind R, Step R to side
3 – 4&	Rock L cross over R, Recover on R, Step L to side
5 – 6&	Rock R cross over L, Recover on L, Turn 1/4 right Step R forward
7 – 8&	Step L forward, Back walk R-L

## Section II. BACK AND SWEEP-BEHIND-SIDE-CROSS-TURN AND BACK-TURN AND SIDE-FORWARD-COASTER-WALK

1 – 2&	Step R back and Sweep L back, Cross L behind R, Step R to side
3 – 4&	Cross L over R, Turn ¼ left Step R back, Turn ¼ left Step L to side
5 – 6&	Step R forward, Step L in place, Close R beside L
7 – 8&	Step L forward, Walk R-L
	*Restart here on wall 6

#### Section III. FULL DIAMOND

1 – 2&	Step R to side, Turn 1/8 left Back Walk L-R
3 – 4&	Turn 1/8 left Step L to side, Turn 1/8 left Walk R-L
5 – 6&	Turn 1/8 left Step R to side, Turn 1/8 left Back Walk L-R
7 – 8&	Turn 1/8 left Step L to side, Turn 1/8 left Walk R-L

### Section IV. BASIC NIGHT CLUB-PIVOT-WALK

1 – 2&	Turn 1/8 left Step R to side, Close L slightly behind R, Cross R over L
3 – 4&	Step L to side, Close R slightly behind L, Cross L slightly over R
5 – 6	Step R forward, Turn ½ left Step L in place
7 – 8	Walk R-I

### Tag 1 after wall 2:

#### **BASIC NIGHTCLUB-SWAY**

1 – 2&	Step R to side, Close L slightly behind R, Cross R over L
3 – 4&	Step L to side, Close R slightly behind L, Cross L over R
5 – 8	Sway Right, Left Right, Left

## Tag 2 after wall 4 : BASIC NIGHT CLUB

# 1 – 2& Step R to side, Close L slightly behind R, Cross R over L 3 – 4& Step L to side, Close R slightly behind L, Cross L over R

### Enjoy the dance,

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