Freedom



Count: 64 Wand: 3 Ebene: Intermediate

Choreograf/in: Hiroko Carlsson (AUS) - June 2020

Musik: Freedom - Kygo & Zak Abel : (iTunes)



(16 counts intro)

1 2	Step forward on R, Make a 1/4 turn left recover weight on L (9:00)
3&4	Kick diagonally R across L, Step R to the side, Step L to the side

Step R behind L, Step L to the side, Step R to the side

Step L behind R, Step R to the side, Step L to the side

[S2] Behind Rock, 1/2L Hinge Turn, Cross Rock, Side Shuffle

12	Rock R behind L, Recover weight on L

3&4 Make a 1/4 turn left stepping back on R, Make a 1/4 turn left stepping L to the side (3:00)

5 6 Rock R across L, Recover weight on L

7&8 Side shuffle to the right R-L-R

[S3] Cross Rock, 1/4L Shuffle Fwd, Fwd Rock, Coaster Step

1 2	Rock L across R, R	ecover weight on R
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3&4 Make a 1/4 turn left shuffle forward L-R-L (12:00)

5 6 Rock forward on R, Recover weight on L

7&8 Step back on R, Step L next to R, Step forward on R

[S4] Step-Pivot, Shuffle Fwd, V Step w/Heel Bounce

1 2 Step forward on L, Make a 1/2 turn right recover weight on R (6:00)

3&4 Shuffle forward L-R-L

5 6 V step – Step out on R, Step out on L

&7&8 Step R back to the centre (&), Step L next to R (7), Bounce your heels up and down on the

spot **(&8)

[S5] Twist Left-Recover-Fan Out- Heel Bunce, Twist Right-Recover-Fan Out-Heel Bounce

1	2	2	wis:	t your	hee	ls and	bod	y to	the	left	(3:00)), R	lecover/	twist	back	to	the	centre	(6:00)	1)
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&3 Turn out both heels, Recover both heels in

&4 Bounce your heels up and down on the spot (&4)

Twist your heels and body to the right (9:00), Recover/twist back to the centre (6:00)

&7 Turn out both heels, Recover both heels in

&8 Bounce your heels up and down on the spot (&8)

[S6] Fwd Rock, 1/2R Shuffle Fwd, Fwd Rock, 1/2L-1/2L-

1 2	Rock forward on R	, Recover weight on L

3&4 Make a 1/2 turn right shuffle forward R-L-R (12:00)

5 6 Rock forward on L, Recover weight on R

7 8 Make a 1/2 turn left stepping forward on L, Make a 1/2 turn left stepping back on R (keep

turning to go to 9:00 o'clock)

[S7] 1/4L Side Shuffle, Cross, Back, Side Shuffle, Cross, Back

1&2	Make a 1/4 turn left side shuffle to the left L-R-L (9:00)
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3 4 Cross R over L, Step back on L
5&6 Side shuffle to the right R-L-R
7 8 Cross L over R, Step back on R

[S8] Side, Fwd, Step-Pivot, Side Rock 1/4R-Cha-Cha, Side Rock 1/4R-Together

1 2 Step L to the side, Step forward on R

3 4 Step forward on L, Make a 1/2 turn right recover weight on R (3:00)

5& Make a 1/4 turn right on ball of right foot/rock L to the side, Recover weight on R

6& Step L next to R, Step R in place (6:00)

7&8 Make a 1/4 turn right on ball of right foot/rock L to the side, Recover weight on R, Step L

together (9:00)

Use your hips to add personality on count 5-8 (optional)

Restart on Wall 3 count 32** (12:00)

Ending: The last wall starts 6:00 o'clock

Dance up to S6 count 5 6 then,

5 6 Rock forward on L, Recover weight on R

7&8 Make a 1/2 turn left shuffle to the front. L-R-L (12:00)

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(updated: 24/June/20)