

Hey Hey You

Count: 64

Wand: 2

Ebene: Phrased High Improver

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Musik: Nite Flyte - You Are



Start on vocal

SEQUENCE : A – A – B - Tag– A (16 count) – A – B - Tag – A (16 count) – A – B – B – B – Tag (*Ending)

PART A - 32 count

A1: BACKWARD WITH TOUCH IN FRONT OF – DROP – FORWARD LOCK SHUFFLE – ROCK SIDE – RECOVER – CROSS BEHIND – SIDE – CROSS OVER

- 1-2 Push and step LF back while lifting your right toe, push forward while lowering your right toe and weight on RF
- 3&4& Step LF forward, close RF beside LF, step LF forward, close RF beside LF
- 5-6 Step LF forward, step RF to side
- 7&8& Recover on LF, cross RF behind, step LF to side, cross RF over LF

A2: SIDE – RECOVER – TUR ¼ LEFT SAILOR – FORWARD DIAGONAL W/ BEND KNEES – SQUARING STREIGHT KNEES IN

- 1-2 Step LF to side, recover on RF
- 3&4 Turn ¼ left sweeping Step LF back (9.00), close RF next to LF, step LF forward.
- 5-6 Skate forward right, skate forward left
- 7-8 Skate forward right, skate forward left

#Restart here to part A with chance step :

***1st**

- 6 Turn ¼ left skate forward left(12.00)
- 7-8 step RF forward, touch LF next to RF

****2nd**

- 7-8 Turn ¼ right skate RF forward (6.00), touch LF next to RF.

A3: ROCK FORWARD – RCOVER – RUN – TURN 3/8 RIGHT FORWARD – FORWARD W/ SWEEP (2X) – FORWARD – RECOVER – LONG BACKWARD W/ DRAG

- 1-2& Rock RF forward, recover on LF, step RF backward
- 3-4 Step LF backward, turn 3/8 right step RF forward (1.30)
- 5-6 Step LF forward while sweep RF from back to front, step RF forward while sweep LF from back to front
- 7&8& Rock LF forward, recover on RF, step LF backward, turn ½ right step RF forward (7.30)

A4: TURN ½ RIGHT – FORWARD – PIVOT ½ RIGHT - FORWARD LOCK SHUFFLE – TURN 3/8 JAZZ BOX CROSS – RECOVER – ROCK SIDE - RECOVER

- 1-2 Step LF forward, pivot ½ right weight on RF (1.30),
- 3&4 Step LF forward, step RF slightly behind RF, step LF forward
- 5-6 Cross RF over LF. Turn 1/8 right step LF backward (3.00),
- 7-8 Turn ¼ right step RF to side (6.00), touch LF beside RF

PART B – 32 count

B1: STOMP SLIGHTLY JUMP AND KICK FORWARD – CROSS – BACK – CHASSE – RECOVER – TURN ¼ LEFT FORWARD WITH FLICK

- 1-2 Stomp LF slightly jump while kick your RF forward , cross RF over LF
- 3-4& Step LF backward, step RF to side, close LF next to RF
- 5-6 Step RF to side, recover on LF

7-8 Recover on RF, turn ¼ left step LF forward while flick RF back

B2: FORWARD – PIVOT ¾ LEFT – ROCKING CHAIR – TURN ¼ LEFT TOUCH – TURN ¼ LEFT SIDE – TWIST

1-2 Step RF forward, pivot ¾ left (12.00) weight on LF
3&4& Rock RF forward, recover on LF, rock RF backward, recover on LF
5-6 Turn ¼ left touch RF to side weight on LF (9.00), turn ¼ left step RF to side (6.00)
7&8& Twist both of heels to left, right, left, centre

B3: JUMP BACK – FORWARD – TOUCH FORWARD – BACKWARD - TOUCH BACKWARD – SIDE – TOUCH BEHIND - SIDE

1-2 Jump both feet back, step RF forward
3-4 Touch LF forward, step LF backward
5-6 Touch RF backward, step RF to side
7-8 touch LF behind RF, step LF to side

B4: TOUCH BEHIND – TURN ¼ RIGHT BOTAFOGO – TURN ¼ LEFT BOTAFOGO – FORWARD – RECOVER - BACK - RECOVER - CLOSE

1-2& Touch RF behind LF, step RF forward , turn ¼ right rock LF to side (9.00)
3-4& Recover on RF, step LF forward, turn ¼ left rock RF to side (6.00)
5-6& Recover on LF, step RF forward, recover on LF
7-8& Step RF backward with your face looking back, recover on LF and look back to the front.

TAG – 8 Count (After part B at 1st, 2nd, 5th *ending)

FORWARD – HOLD – FORWARD – HOLD – SIDE – HOLD FOR 3 COUNTS WITH STYLING

1-2 Step LF forward, hold
3-4 Step RF forward, hold

***ENDING -> 3-4 Pivot ½ right weight on RF (12.00), hold**

5-6 Step LF to side while your right hand is pointing forward, hold with styling : Touch your right finger index to your left shoulder
7&8 Hold ...

Styling : Touch your left finger index to your right shoulder, your hands cross on your chest (7), separate each index finger -> right index finger on the right shoulder, left index finger on your left shoulder (&), point both hands forward (8)

Enjoy the dance !

#Staysafe&healthy
#Staypassionatetodancing

Update / Revision Stepsheet on 6 August 2020

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