

Keep Me Up

Count: 32

Wand: 4

Ebene: High Beginner

Choreograf/in: Katja Koester - June 2020

Musik: Keep Me Up - Michael Schulte



Cross shuffle, Cuban Breaks R

1&2 R heel cross over left, L side, R in place

3&4 L heel cross over, R side, L in place

5&6&7&8 R forward cross, L in Place, R side, L in place, R forward cross, L in place, R step side

L cross, R side, Hip Bump, Spot Turn

1 - 2 L cross, R side

3 - 4 Hip Bump

5 - 8 Spot turn, Chasse to L

Weave with Slide, Rock, Ronde Chasse

1&2&3 R Cross over , L Side, R cross behind, L side, R cross over

4 L slide

5 -6 R Rock forward

7&8 F Ronde Chasse

Weave with Slide, Cross, Back, Chasse

1&2&3 L cross over, R side, L cross behind, R side, L cross over

4 R slide

5-6 L cross, R back (1/4 turn to left)

7&8 L Chasse
