

Lockdown

Count: 32

Wand: 4

Ebene: High Improver

Choreograf/in: Phyllis Manier (USA) - May 2020

Musik: Family Lockdown Boogie - Jack Buchanan



ROCK STEP, STEP LOCK BACK, TURN STEP, STEP LOCK BACK

- 1-2 Rock step right forward, recover Left
- 3&4 Step lock back R L R
- 5-6 ½ turning left Stepping forward Left recover right (pivot on right)
- 7&8 Step lock back L R L

SIDE ROCK, BEHIND & CROSS, TURN, TURN, SHUFFLE FORWARD

- 1-2 Rock right side ¼ turn right recover left
- 3&4 Step right behind left, step side left, cross right over left
- 5-6 Step back left ¼ turn, Step forward ½ turn
- 7-8 Shuffle forward L R L

STEP TURN, TRIPLE ½, TURN STEP, SHUFFLE FORWARD

- 1-2 Step forward right ½ turn, recover left
- 3&4 Triple ½ turning left
- 5&6 Turn 1/2 left step forward right
- 7&8 Shuffle forward L R L

STEP TURN, CROSS POINT X2, BACK ROCK

- 1-2 Step forward right ¼ turn left
- 3-4 Cross right over left point left side
- 5-6 Cross left behind right point right
- 7-8 Rock step back right recover left

Restart wall 8 (3:00) dance 16 count and restart facing 9:00

Have Fun-
