

# Puasa

Count: 36

Wand: 4

Ebene: High Beginner

Choreograf/in: Mei Lestari (INA) - May 2020

Musik: Puasa - Bimbo



**Intro: 48 counts**

**I. ROCK FORWARD, RECOVER, SHUFFLE BACK, ROCK BACK, RECOVER, SHUFFLE FORWARD**

1,2 Rock Rf forward, recover on Lf  
3&4 Step Rf back, close Lf next to Rf, step Rf back  
5,6 Rock Lf back, recover on Rf  
7&8 Step Lf forward, close Rf next to Lf, step Lf forward

**II. ½ TURN L, STEP BACK, SHUFFLE BACK, ROCK BACK, RECOVER, SHUFFLE FORWARD**

1,2 ½ turn L step Rf back, step Lf back  
3&4 Step Rf back, close Lf next to Rf, step Rf back  
5,6 Rock Lf back, recover on Rf  
7&8 Step Lf forward, close Rf next to Lf, step Lf forward

**III. KICK HOOK, LOCK SHUFFLE FORWARD, STEP FORWARD, ½ TURN R, ¼ TURN R, CHASSE**

1,2 Kick Rf forward, cross (hook) Rf over Lf  
3&4 Step Rf forward, cross Lf behind Rf, step Rf forward  
5,6 Step Lf forward, ½ turn R step on Rf  
7&8 Make ¼ turn R step Lf to L, close Rf next to Lf, step Lf to L

**IV. CROSS, SIDE, BEHIND, FLICK, CROSS, ¼ TURN L STEP BACK, ¼ TURN L CHASSE**

1,2,3,4 Cross Rf over Lf, step Lf to L, cross Rf behind Lf, flick out on Lf  
5,6 Cross Lf over Rf, ¼ turn L step Rf back  
7&8 Make ¼ turn L step Lf to L, close Rf next to Lf, step Lf to L

**\*\*Restart here on Wall 3,7,11,12**

**V. STEP SIDE, TOUCH BESIDE 2X**

1.2.3.4 Step Rf to R, touch Lf next to Rf, step Lf to L, touch Rf next to Lf

**Restart on Wall 3, 7, 11, 12 after 32 counts**

**Have Fun....**