

# For My Mother AB

**COPPER** **KNOB**  
BY STEPHENIE

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Patricia Sparks (AUS) & Penne Anderson (AUS) - May 2020

Musik: My Mother, My Teacher, My Friend - Owen Mac : (iTunes)



**Introduction: 8 counts @ approximately 11 seconds. - Start on the vocal**

**SEC1: Walk Forward R,L,R, Kick L, Walk Back L,R,L, Touch R.**

1,2,3,4            Walk R,L,R, kick L forward  
5,6,7,8            Walk back L,R,L, touch R next to L

**SEC2: 1/4 Pivot L Turn 4X**

1-2                Step RF fwd, pivot ¼ turn L (9:00)  
3-4                Step RF fwd, pivot ¼ turn L (6:00)  
5-6                Step RF fwd, pivot ¼ turn L (3:00)  
7-8                Step RF fwd, pivot ¼ turn L (12:00)

**SEC3: Sway, Hold, Sway, Hold, Sway, Sway, Sway, Sway (with hand waves)**

1-2                Step RF side, HOLD  
3-4                Hips L side, HOLD  
5-6                Hips R, Hips L  
7-8                Hips R, Hips L

**SEC4: Heel Forward Heel Together 4X With 1/4 Turn**

1-2                Step RF fwd, Step RF next to L  
3-4                Step LF fwd, Step LF next to R  
5-6                Step RF fwd ¼ L, Step RF next to L  
7-8                Step LF fwd, Step LF next to R

**REPEAT**

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