Beat The Blues – Stayin' Alive

Ebene: Easy Intermediate

Choreograf/in: Sue Wilson (NZ) - April 2020

Count: 32

Musik: Stayin' Alive - Bee Gees : (Album: The Very Best of the Bee Gees)

[1 – 8] R OUT-OUT, R BEHIND, L SIDE ROCK, L BEHIND-SIDE-CROSS, R BOX STEP FWD

- &1 R Out to R Side, L Out to L Side,
- 234 R Step Behind, L Rock to Side, Recover onto R
- 5&6 L Step Behind-R Step Side-L Cross over R
- 7 & 8 R Step Side-Close L Beside R- R Step Fwd

[9 - 16] L ROCK FWD BCK, L COASTER 1/2R-ball-STEP L FWD, 1/2R BCK, 1/2L SHUFFLE FWD

- 9 10 11 & 12
- (&)ball- Long Step L Fwd, 1/2L Stepping R foot Back &13 14
- 15 & 16 Turn 1/2L Shuffle Fwd L R L (6:00)

[17 - 20] R SIDE BEHIND-ball-CROSS L OVER R, UNWIND 1/2R (weight on L foot)

R Side, L Behind-ball step beside L-Cross R over L,⊛⊛Unwind 1/2R (wgt on L) (12:00) 17 18&19 20

[21 – 24] R CROSS ROCK, RECOVER, R SAMBA STEP FWD

R Cross, Recover Bck onto L, R Side Rock-Recover onto L-R Step Fwd 21 22 23&24

[25 – 32] L POINT, STEP, R POINT, STEP, L BCK, 1/4R FWD, L SHUFFLE FWD LRL

25 26 27 28 L Point to side and Step Fwd (wgt on L) R Point to side and Step Fwd (wgt on R)

29 30 31&32 Step Bck on L, 1/4R Step Fwd, L Shuffle Fwd (3:00)

RESTARTS:-

R1 - Wall 3 Facing Back Wall Dance to Count 10
Complete Coaster Step (NO TURN) Restart Dance facing 6:00 wall R2 - Wall 6 Facing Front Wall Dance to Count 19 ⊛ HOLD Count 20 (NO TURN)

Restart Dance facing 6:00 wall

COVID-19 New Zealand is in lockdown – We are moving into ALERT Level 3 Not a lot will change for us Line Dancers, social distancing is still of importance for us all. We still need to maintain our 'bubbles' - But are able to move about a little more. Many businesses will be able to get up and running, which is great for our economy. We have done a great job and lets 'Beat the Blues'

ENJOY, DANCE & SMILE





Wand: 4