

Count: 64 Wand: 2 Ebene: Intermediate

Choreograf/in: Melissa Lau (NZ) - April 2020

Musik: The Git Up - Blanco Brown



#### Dance begins after 32 counts

## LEFT VINE, HITCH, RIGHT VINE, HITCH

1, 2, 3, 4 Step L to side, step R behind L, step L to side, hitch R knee (12:00)

5, 6, 7, 8 Step R to side, step L behind R, step R to side, hitch L knee

### FWD, TOUCH, BACK, HEEL, 2x HIP ROLLS

1, 2, 3, 4 Step L fwd, tap R toes beside L, step R back, tap L heel fwd

5, 6, 7, 8 Step down on L pushing left hip fwd, transfer weight onto R pushing left hip back in a circular

action counter-clockwise (x 2)

## DIAGONAL FWD, SLIDE, DIAGONAL FWD, KNEE POP & HITCH (x 2)

1, 2, 3, 4 Step L diagonal fwd, drag R to L, step L diagonal fwd, pop L knee hitching R behind L 5, 6, 7, 8 Step R diagonal fwd, drag L to R, step R diagonal fwd, pop R knee hitching L behind R

# 2x TRIPLE-STEP BACK, BACK PADDLE 1/2 LEFT

1&2	Triple step back L-R-L
3&4	Triple step back R-L-R

5, 6 Push off on L pivoting 1/8 left on R, push off on L pivoting 1/8 left on R

7, 8 Push off on L pivoting 1/2 left on R, push off on L pivoting 1/2 left on R (6:00)

### BALL-EXTENDED WEAVE, HEEL TAPS (x 2)

&1&2	Step back on ball of L, cross R over L, step L to side, step R behind L,
&3, 4	Step L to side, tap R heel fwd twice with body facing diagonally
&5&6	Step back on ball of R, cross L over R, step R to side, step L behind R,
&7, 8	Step R to side, tap L heel fwd twice with body facing diagonally

### BALL-CROSS, HEEL BOUNCES, SWEEP BEHIND-SIDE-CROSS, POINT, CROSS, POINT

&1, 2, 3 Step back on ball of L, cross R over L, lift and lower L & R heels turning 3/8 left, lift and lower

L & R heels turning 3/8 left (9:00)

Sweep L behind R, step R to side, cross L over R 6, 7, 8 Point R to side, cross R over L, point L to side

### MODIFIED JAZZ, 1/4 LEFT PADDLE, CROSS, POINT, MODIFIED JAZZ

1, 2&	Cross L over R, step back on R, slide L back next to R
3, 4	Step R fwd, pivot ¼ left transferring weight to L (6:00)

5, 6 Cross R over L, point L to side

7, 8& Cross L over R, step back on R, slide L back next to R

### FWD KICK, SIDE KICK, SAILOR STEP, FWD KICK, SIDE KICK, SAILOR POINT

1, 2, 3&4 Kick R fwd, kick R to side, cross R behind L, step L to side, step R to side 5, 6, 7&8 Kick L fwd, kick L to side, cross L behind R, step R to side, point L to side

# \* ENDING: after 28 counts, instead of BACK PADDLE ½ LEFT,

#### BACK PADDLE FULL CIRCLE LEFT to finish at the front

1, 2 Push off on L pivoting ¼ left on R, push off on L pivoting ¼ left on R 3, 4 Push off on L pivoting ¼ left on R, push off on L pivoting ¼ left on R

Last Update - 20 July 2020

