Two Fists (두주먹)



Count: 116 Wand: 4 Ebene: Phrased Improver

Choreograf/in: Su Ja Choe (KOR) - April 2020

Musik: Two Fists (두주먹) - Lim Young Woong (임영웅)



Sequence: A, Tag, A, A, Tag, B, A, Tag, A, A, A26c

Tag: 4 count × 3

-Tag1: Wall1(12:0)end 3:00 -Tag2: Wall3(6:00)end 9:00 -Tag3: Wall4(6:00)end 9:00

★Tag: 4count

1.2 (Hold) Clenched your right hand and stretch your right arm over your head.

(오른손 주먹쥐고 오른팔을 머리위로 뻗는다.)

3.4 (Hold) Clasp your left hand and stretch your left arm over your head.

(왼손 주먹쥐고 왼팔을 머리위로 뻗는다.)

★Part A: 64count

S1. R Step Fwd, L Point, L Step Fwd, R Point, R Step Back, L Point, L Step Back, R Point

1.2	Step right foot forward, Point left toe to left side
3.4	Step left foot forward, Point right toe to right side
5.6	Step right foot back, Point left toe to left side
7.8	Step left foot back, Point right toe to right side

S2. R Rocking Chair × 2

1.2	Rock forward on right , recover on left
3.4	Rock back on right, recover on left
5.6	Rock forward on right, recover on left
7.8	Rock back on right, recover on left(12:00)

S3. R Vine Touch, L Vine 1/4 Turn Brush

1.2.3.4	Step R to right side, step L behind R, step R to right side, touch L next to R(12:00)
5.8	Step L to left side, step R behind L, turning 1/4 left step on L, Brush R next to L (9:00)

S4. R Fwd, Recover, Shuffle Turn1/2 Right, Back Step L, R, Cross Shuffle,

1.2	Rock fwd	on R	recover	on to I
1.4	I VOCK IWU	OIIIX,	ICCOVCI	OII tO L,

3&4 making a ¼ turn to (12:00)step back on the R, Step L beside R, Step fwd on the R making a

1/4 turn to (3:00)

5.6 making 1/2 turn right Step L Back(facing 9:00), making 1/4 turn right Step R in place(12:00)

7&8 Cross LF in front of RF, step RF side right, cross LF in front of RF(12:00)

S5. R back, Kick L Fwd, L back, Kick R Fwd, R 1/4 Turn R back, Kick L Fwd, L back, Kick R Fwd,

1.2	Right back step, Kick L Fwd,
3.4	Left back step, Kick R Fwd,
5.6	R 1/4 Turn R back, Kick L Fwd
7.8	Left back step, Kick R Fwd,

S6. V Step Out, Out, In, In ×2

1.	Step RF Out diagonally fwd,
2.	Step LF Out diagonally fwd,

3. Step RF back In to place, 4. Step LF back next to R.

5.6.7.	Step RF Out diagonally fwd, Step LF Out diagonally fwd, Step RF back In to place, 8. Step LF back next to R
S7. R Step, Dia	gonal L Touch R.L×2, Sway R.L×2
1.2	R Side Step, Left Diagonal Toe Touch
3.4	L Side Step, Right Diagonal Toe Touch
5.6.7.8	Hip Sway R,L,R,L
S8. R Across L,	Spiral Full Turn,Side, Touch, Sway R.L× 2
1.	Step ball of R across L,
2.	Unwind Full Turn left Taking weight on L(3:00)
3.4	L Side Step, R Touch
5.6.7.8	Sway R.L.R.L
※Opt ※	
	, L Jazz Box, R Jazz Box Together,
1.2.3.4	R Fwd Step, L fwd Cross, R Back, L Side Step
5.6.7.8	R Fwd Cross, L Back, R Side Step, L Side Together
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★Part B: 52cou	nt
S1. R Vine Touc	ch, L Out, In, Out, In Touch
1.2.3.4	Step R to right side, step L behind R, step R to right side, touch L next to R
5.6.7.8	L Out, In, Out, In Touch
S2. L Vine Touc	ch, R Out, In, Out, In Touch
1.2.3.4	Step L to right side, Step R behind L, step L to right side, touch R next to L
5.6.7.8	R Out, In, Out, In Touch
C2 D Ewd Walk	R,L,R,Touch L Back Walk L,R,L,Touch
1.4	R Fwd Walk On R,L,R, Touch L
5.8	L Back Walk On L,R,L, Touch R Beside On L
S4. Monterey 1/	/4 Turns x 2
1.2	Point RF to R, ¼ turn R closing RF next to L
3.4	Point LF to L, close LF next to R
5.6	Point RF to R, ¼ turn R closing RF next to L
7.8	Point LF to L, close LF next to R(3:00)
	(4.65)
	Cross, Pivot L 1/2, L 1/4 Turn
1.2.3.4	Cross R over L, step back on L, step R to R side , cross L over R (3:00)
5.6	Step fw on R , Pivot ½ turn left on L weight ending on L (9:00)
7.8	Step fw on R , Pivot 1/4 turn left on L weight ending on L (6:00)
S6 R Jazz Box	Together, R,L Hand Cross Down, R,L arm over your head.
1.2.3.4	RF Cross over LF, LF Step back, RF Step side, Step L beside R
5.6	(Hold)Clenched with right hand and crossed down.(오른손 주먹쥐고 아래로 교차해서 뻗는
3.0	(Floid)Clericited with right hand and clossed down.(모든는 무극되고 어려로 표시에서 듣는다.)
7.8	(Hold)Clenched in the left hand and crossed down.(왼손 주먹쥐고 아래로 교차해서 뻗는다
1.2	(Hold) Clenched your right hand and stretch your right arm over your head.
	고 오른팔을 머리위로 뻗는다.)
3.4	(Hold) Clasp your left hand and stretch your left arm over your head.
	왼팔을 머리위로 뻗는다.)
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★After Wall7 (3:00) 26count, finish at 12 o'clock and finish with a fist and alternately stretch your right arm, left arm, and right arm to the top. This is the song "Mr.Trot Jin" Lim YeongUng. Thank you for your enjoyment and

excitement. I wish you happiness every day.