

# Gotta Get Up

Count: 32

Wand: 2

Ebene: Improver

Choreograf/in: Judy Rodgers (USA) - April 2020

Musik: Gotta Get Up - Tyrone Wells : (Amazon.com)



## #16 count intro

### S1: Kick ball cross & cross & touch, turn 1/4 L, turn 1/2 L, coaster step

1&2&3 Kick R fwd, step on ball of R, cross L over R, step R to right, cross L over R  
&4 Step R to right, touch L beside R  
5-6 Turn 1/4 left step L fwd, turn 1/2 left step R back 3:00  
7&8 Step L back, step R beside L, step L fwd

### S2: Step rock recover, cross turn 1/4 L, rock recover L & rock recover R

1&2 Step R fwd, rock L to left side, recover R  
3-4 Cross L over R, turn 1/4 left step R back 12:00  
5-6 Rock L to left, recover R  
&7-8 Step L beside R, rock R to right side, recover L

### S3: Kick & touch, sailor step, sailor turn 1/4 R, step heel twists

1&2 Kick R fwd, step down on R, touch L toe to left  
3&4 Step L behind R, step R to right, step L to left side  
5&6 Turn 1/4 right step R behind L, step L to left side, step R to right side 3:00  
7&8 Step L fwd, twist heels right, center (weight on R)

### S4: Rock recover, side rock cross, monterey turn 1/4 R

1-2 Rock L back, recover R  
3&4 Rock L to left side, recover R, cross L over R  
5-6 Point R toe to right side, turn 1/4 R step R down 6:00  
7-8 Point L toe to left side, step L beside R

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