Pura-Pura Lupa



Count: 32 Wand: 2 Ebene: Phrased Intermediate

Choreograf/in: Julee Hansel (INA) - March 2020

Musik: Pura-Pura Lupa - English Version (Mahen)



Dance Sequence: A-A-B-A-A- A-restart B-A-A- A-restart A-A-A

Start dance after 8 counts, start moving on lyric

Start position: standing with body weight on RF (cross over LF with opening body up to 10.30)

PART - A (16 counts)

I. 4 FIGURE, DIAGONALLY ROCK FW, FULL SPIRAL TURN, STEP FW

1 Step LF in place, 4 figure with RF turning 1/4 to R (1.30)

2 Slightly cross RF behind LF

& Turn 1/4 to L, step LF fw (10.30)

3 Cross RF over LF

4 Recover on LF

& Sttep RF to R (12.00)

5 Cross LF over RF with opening body up to 1.30

6 Recover on RF

& Step LF to L (12.00)

7 Cross RF over LF on bold, full turn

8 Step LF fw

II. CROSS ROCK, BW LOCK STEP, TURN & TOUCH, TURN (2X), COASTER CROSS

1 Cross rock fw on RF with opening body up to 10.30

2 Recover on LF

& Step RF bw with opening body up to 1.30

3 Lock LF over RF

& Step RF bw squaring up to 12.00Turn 1/4 to L, step LF to L (9.00)

& Touch RF next to LF

5 Turn 1/4 to R, step RF fw (12.00) 6 Turn 1/2 to R, step LF bw (6.00)

7 Step RF bw

& Step LF next to RF

8 Cross RF over LF, opening body up to 4.30

PART - B (16 counts)

I. DIAMOND FALL AWAY, TURN & SWAY

1	Sten	ΙF	hw.	(10.30)	
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& Step RF bw

2 Turn 1/8 to L, step LF to L (9.00)

3 Turn 1/8 to L, step RF fw (7.30)

& Step LF fw

4 Turn 1/8 to L, step RF to R (6.00) 5 Turn 1/8 to L, step LF bw (4.30)

& Step RF bw

6 Turn 1/8 to L, step LF to L (3.00)

7 Tyrn 1/4 to left, step RF to R with hip sway (12.00)

8 Recover on LF with hip sway

II. SAILOR STEP WITH TURN (2X), SWAY, COASTER CROSS

1	Turn 1/4 to R, step RF slightly behind LF (3.00)
&	Step LF to L
2	Recover on RF
3	Turn 1/2 to L, step LF slightly behind RF (9.00)
&	Step RF to R
4	Recover on LF
5	Turn 1/4 to left, step RF to R with hip sway (6.00)
6	recover on LF with hip swing
7	step RF bw
&	step LF next to RF
8	cross RF over LF, opening body up to 10.30

RESTART

After 4 counts on Wall 7.

4 hold the move with body weight on RF, then continue with Sequence B.

After 4 counts on Wall 11.

4 hold the move with body weight on RF, then continue with Sequence A.

ENDING

At the end of Wall 14, the last 2 counts are:

& Step LF next to RF8 Step RF fwd

Additional 8 counts of pose

1 Step LF fwd

2 - 8 hold with hand action (up and down or free style)

Happy Dancing - Life is Beautiful

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Last Update - 17 April 2020-R2