

High and low

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Jean-Marc RAFFANEL (FR) - April 2020

Musik: High and Low - Empire of the Sun



intro 16 counts

section 1 : cross, point, cross, point , jazz box cross

1-2 cross Rf over Lf, point Lf side
3-4 cross LF over Rf, point Rf side
5-6-7-8 cross rf over Lf, step Lf back, step Rf side, cross Lf over Rf

section2 : rock side, triple cross, rock side, triple cross

1-2 step Rf side, recover onto Lf
3&4 cross Rf over Lf, step Lf side, cross Rf over Lf
5-6 step Lf side, recover onto Rf
7&8 cross Lf over Rf, step Rf side, cross Lf over Rf

section3 : side, behind, step ¼ turn R , step, pivot ½ turn R, step ¼ turn R, side ,behind, side

1-2-3-4 step Rf side, cross Lf behind Rf, ¼ turn Right step Rf foward, step Lf foward 3:00
5-6-7-8 ½ turn R recover onto Rf, ¼ turn Right step Lf side, cross Rf behind Lf, step Lf on side 12:00

section 4 : rock foward, triple ½ turn R, rock foward, out out, step back

1-2 step Rf foward, recover onto Lf
3&4 ½ turn Right step Rf foward, step Lf next to Rf, step Rf foward
5-6 step Lf foward, recover ontp Rf
&7-8 step Lf and step RF on side PG en écartant les pieds, poser PG derrière 6:00

start again with smile

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