

Move For Me

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Olga Klöne (NL) - September 2019

Musik: Dance Monkey - Tones And I



(Clockwise), West Coast Swing

Hips back, anchor step, 2x ½ pivot turn R, shuffle with ¾ turn R

- & RF step slightly back
- 1 LF step next to RF (no weight), push hips back
- 2 RF step forward
- 3 LF step behind RF
- & RF step in place
- 4 LF step back
- 5 RF ½ turn R, step forward (6:00)
- 6 LF ½ turn R, step back (12:00)
- 7 RF ¼ turn R, step right (3:00)
- & LF ¼ turn R, step forward (6:00)
- 8 RF ¼ turn R, cross over LF (9:00)

Point, lockstep back, backwards 2x, point 2x

- & LF step left, ⅛ turn R (10:30)
- 9 RF point forward
- 10 hold
- & RF step back
- 11 LF cross over RF, ⅛ turn L (9:00)
- 12 RF step back
- 13 LF step back
- 14 RF step back
- & LF step back
- 15 RF point to right side
- & RF step next to LF
- 16 LF point to left side

Knee in-out-in, ¼ turn L, triple step forward, ¾ pirouette R, hip bumps

- 17 LF turn knee in
- & LF turn knee out
- 18 LF turn knee in
- 19 LF ¼ turn L, step forward (6:00)
- & RF ⅛ turn L (4:30), step right
- 20 LF step over RF
- 21 RF ⅛ turn R, step forward (6:00)
- 22 LF ¾ turn R, lift knee turned outside
- 23 LF tap slightly forward (3:00) hip bump left
- & back
- 24 LF hip bump left

Point, full turn R, full turn L, mambo step

- & LF step back, ¼ turn L (12:00)
- 25 RF point to right side
- 26 RF ¼ turn R, step forward (3:00)
- & LF step forward

27 RF ½ turn R, step in place (9:00)
& LF step forward
28 RF ½ turn R, cross over Lf (3:00)
29 start full turn L
30 end full turn L
31 LF step forward
& RF step in place
32 LF step next to RF

Start again and enjoy!
