

# Ami Oh

Count: 32

Wand: 4

Ebene: Improver

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Musik: Ami Oh - African Connection



Dance starts after 32 counts

## 2X CROSS SAMBA'S, 4X WALKS TURNING $\frac{3}{4}$ TURN L

- 1 RF Cross over LF
- & LF Step to left side
- 2 RF Recover weight
- 3 LF Cross over RF
- & RF Step to right side
- 4 LF Recover weight
- 5 – 8 Walk R, L, R, L while making  $\frac{3}{4}$  turn left

## SYNCOPATED COMPRESSED ROCKSTEPS, 4X SMALL HOP FWD

- 1 RF Step to right side bending both knees
  - & LF recover weight
  - 2 RF Step next to LF
  - 3 LF Step to left side bending both knees
  - & RF Recover weight
  - 4 LF Step next to LF
  - 5 Small hop forward with feet apart
- (knees are bend again)**
- 6 – 8 Small hop forward wih feet apart and you keep the knees bend

## SYNCOPATED ROCKSTEPS, STEP, HOLD, SHUFFLE R

- 1 RF Rock to right side
- 2 LF Recover weight
- & RF Step next to LF
- 3 LF Rock to left side
- 4 RF Recover weight
- & LF Step next to RF
- 5 RF Step to right side
- 6 Hold
- & LF Step next to RF
- 7 RF Step to right side
- & LF Step next to RF
- 8 RF Step to right side

## JAZZBOX, CROSS, BOUNCE FWD, BOUNCE BACK

- 1 LF Cross over RF
- 2 RF Step back
- 3 LF Step to left side
- 4 RF Cross over LF
- 5 LF Step forward and bounce (bend knee)
- & LF Stretch leg
- 6 LF Bounce (bend knee)
- & LF Stretch leg
- 7 RF Step back and bounce (bend knee)
- & RF Stretch leg

8 RF Bounce (bend knee)  
& LF Recover next to RF

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