Twist & Shout



Count: 32 Wand: 4 Ebene: Beginner

Choreograf/in: Betty Lee (CAN) - March 2020

Musik: Twist and Shout - The Isley Brothers



Intro: 16 counts

**Restart: During Wall 6, after 24 counts, facing 3:00

Section 1: Point, Touch, Twist R,L,R; Twist L,R,L, Step, Pivot ½

1-2 Point R to R side pushing R hip to R, Touch R next to L with hip return to centre

3&4 Swivel both heels to R, L, R (weight ends on R)
5&6 Swivel both heels to L, R, L (Weight ends on L)
7-8 Step forward R, Pivot ½ Turn L (weight onto L) (6:00)

Section 2: (Side Shuffle, Back Rock) R&L

1&2 Step R to R side, Step L next to R, Step R to R side

3-4 Rock Step back on L, Recover onto R

5&6 Step L to L side, Step R next to L, Step L to L side

7-8 Rock Step Back on R, Recover onto L

Section 3: (Toe Struts, Shuffle Back) R&L

Touch R toe slightly forward to R diagonal, drop down heel
 Touch L toe slightly forward to L diagonal, drop down heel

** During Wall 6, Counts 1-4, when Isley Brothers shouting, Place hands on either side of the mouth in a shouting gesture □

Step Back R to R diagonal, Step L next to R, Step back R (7:30)
Step Back L to L diagonal, Step R next to L, Step back L (4:30)

Section 4: Jazz Box 3/8 R, Side Rock. Cross, Side

1-4 Cross Step R over L, 1/8 Turn R Stepping Back on L (12:00), 1/4 Turn R Stepping R to R,

Cross Step L over R (9:00)

5-8 Rock Step R to R side, Recover to L, Cross Step R over L, Step L to L side

Repeat