

Pick Her Upper

COPPER KNOB
BY STEPSHEETS

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Randy Pelletier (USA) - February 2020

Musik: Pick Her Up (feat. Travis Tritt) (Radio Edit) - Hot Country Knights



Intro: Start on Lyrics

[1-8] HEEL, TOE, HEEL, TOE, STEP, KICK, BACK, TOUCH

- 1 - 2 Touch right heel forward, touch right next to left
- 3 - 4 Touch right heel forward, touch right next to left
- 5 - 6 Step right forward, kick left forward
- 7 - 8 Step left in place, touch right toe back

[9 - 16] STEP, KICK, BACK, TOUCH, ¼ LEFT PIVOT, CROSS, HOLD

- 1 - 2 Step right forward, kick left forward
- 3 - 4 Step left in place, touch right toe back
- 5 - 6 Step right forward, turn ¼ left
- 7 - 8 Cross right over left, hold

[17 - 24] EXTENDED VINE LEFT, ROCK, RECOVER, STOMP, HOLD

- 1 - 2 Step left to side, cross right behind left
- 3 - 4 Step left to side, cross right over left
- 5 - 6 Rock left to side, recover weight to right.
- 7 - 8 Stomp left next to right, hold

**** (Restart here on 10th wall)**

[25 - 32] ¼ RIGHT MONTEREY TWICE

- 1 - 2 Point right to side, turn ¼ right stepping right next to left
- 3 - 4 Point left to side, step left next to right
- 5 - 6 Point right to side, turn ¼ right stepping right next to left
- 7 - 8 Point left to side, step left next to right

REPEAT

EASY RESTART - Which you can easily hear in the music.

*** On 10th wall (3rd time you start dance facing 3 O'clock) dance through count 24 and Restart dance.
(You will be facing front when the Restart occurs)**

All Rights Reserved.

**This Step Sheet may not be altered in any way without the written permission of the Choreographer.
If you would like to use on your website please make sure it is in its original format.**

Contact: Randy Pelletier - Email: OneEyedParrotLineDancing@Google.Com - Tel: 413-366-1540

Last Update: 17 Jan 2023