

Heartache Hustle (solo 3-count hustle)



Count: 18

Wand: 2

Ebene: Improver

Choreograf/in: Dick Rogers (USA) & Nancy Rogers (USA) - December 2019

Musik: Whiskey & Water - Austin Merrill : (62 bpm / 6/8 timing)



NOTE: Works best with tempos in the range of 60 to 100 bpm. Test dance to music with time signatures 6/8, 4/4, and 2/4. Not all rhythms within these timings are suited to 3-count hustle. Works well with slow classic disco music, but is also a fun dance to other genres. A good dance for practicing 3-count hustle solo.

Starting position: Weight over LF.

TAP L TOE, STEP ON LF, RF BEHIND, TURN ¼ R AND STEP LF BESIDE RF

- & Step RF beside LF
- 1 Touch LF beside RF
- 2 Step LF to L
- 3 Cross RF behind LF

STEP RF FWD, TURN ¼ R AND STEP LF TO L, RF BEHIND, TURN ¼ R AND STEP LF BESIDE RF

- & Quickly turn ¼ R as LF is simultaneously brought beside RF with weight
- 1 Step RF forward
- 2 Turn ¼ R and step LF to L
- 3 Cross RF behind LF

PRISSY WALK FWD

- & Quickly turn ¼ R as LF is simultaneously brought beside RF with weight
- 1 Step RF FWD
- 2 Step LF FWD (for styling, cross LF over and ahead of RF)
- 3 Step RF FWD (for styling, cross LF over and ahead of LF)

3 /4 TURN R

- & Lock LF behind RF
- 1 Step RF FWD and pivot ¼ R on RF
- 2 Step LF to L and pivot ½ R on LF
- 3 Step RF FWD

KICK AND SLIDE

- & Lock LF behind RF
- 1 Step RF FWD
- 2 Kick LF FWD
- 3 Step back on LF and slide RF toward LF

COASTER STEP

- & Step RF beside LF
- 1 Step LF back
- 2 Step RF beside LF
- 3 Step LF FWD

START OVER

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