## Lonely If You Are

Count: 72
Wand: 2
Ebene: Easy Intermediate
Choreograf/in: Bill Baron (USA), Penny Tan (MY) \& Shirley Bang (MY) - February 2020
Musik: Lonely If You Are - Chase Rice

\#16 count intro, start with singing
[1-8] RUMBA BOX, MAMBO, COASTER CROSS
1\&2 Step RF to side, step LF next to RF, step RF back
3\&4 Step LF to side, step RF next to LF, step LF forward
5\&6 Step RF forward, recover LF, step RF next to LF
7\&8 Step LF back, step RF next to LF, cross LF over RF
[9-16] 1/2 TURNING VOLTA, $1 / 2$ TURNING VOLTA, SHUFFLE, ROCK RECOVER
1\&2 Step RF $1 / 4$ turn R, step LF $1 / 4$ turn R, cross RF over LF
$3 \& 4$ Step LF $1 / 4$ turn L, step RF $1 / 4$ turn L, cross LF over RF
5\&6 Step RF $1 / 4$ turn R, step LF next to RF, step RF forward
7\&8 Step LF forward, recover RF, step LF back turning 1/4 L
[17-24] Sway X4, CROSSING SHUFFLE, SIDE SHUFFLE
1-2 Sway R, sway L
3-4 Sway $R$, sway $L$
5\&6 Cross RF over LF, step LF to side, cross RF over LF
7\&8 Step LF to side, step RF next to LF, step LF to side
[25-32] TOUCH TOUCH STEP, TOUCH TOUCH STEP, ROCK BACK RECOVER, KICK BALL CROSS
1\&2 Touch RF, touch RF, step RF to side
$3 \& 4$ Touch LF, touch LF, step LF to side
5-6 Step back RF, recover LF
7\&8 Kick RF, replace RF next to LF, cross LF over RF
[33-40] SCISSOR CROSS, STEP TOGETHER, SCISSOR CROSS, STEP TOGETHER
1\&2 Step RF to side, step LF next to RF, cross RF over LF
3-4 Step LF to side, step RF next to LF touching
5\&6 Step RF to side, step LF next to RF, cross RF over LF
7-8 Step LF to side, step RF next to LF touching
[41-48] ROCK RECOVER $1 / 4$ TURN, SHUFFLE, ROCKING CHAIR, COASTER
1\&2 Step RF forward, recover LF, step RF 1/4 turn R
3\&4 Step LF forward, step RF next to LF, step LF forward
5\&6 Step RF forward, Recover LF, step RF back
$7 \& 8$ Step LF back, step RF next to LF, step LF forward
[49-56] SIDE TOUCHES, SHUFFLE, SIDE TOUCHES, SHUFFLE $1 / 4$ turn
1\&2\& Step RF to side, step LF next to RF touching, step LF to side, step RF next to LF touching
3\&4\& Step RF to side, step LF next to RF, step RF to side, step LF next to RF touching
5\&6\& Step LF to side, step RF next to LF touching, step RF to side, step LF next to RF touching
7\&8 Step LF to side, step RF next to LF, step LF to side turning $1 / 4 \mathrm{~L}$
[57-64] PIVOT TURN, SHUFFLE, (SWEEPING CROSS, STEP BACK, STEP SIDE) X2
1\&2 Step RF forward, pivot 1/2 turn L, step RF forward
3\&4
Step LF forward, step RF next to LF, step LF forward
[65-72] STEP FLICKS, PIVOT TURN, STEP 1/2 TURN, STEP BACK
1\&2\& Cross RF over LF, flick LF to L, cross LF over RF, flick RF to R
$3 \& 4 \quad$ Cross RF over LF, flick LF to L, step LF forward
5-6 Step RF forward, pivot 1/2 turn $L$
7-8 Step RF 1/2 turn L, step back on LF
BRIDGE: DURING WALL 3, AFTER 32 counts there is a 2 count bridge. HOLD FOR 2 COUNTS.
This happens when there is silence and lasts for two counts and the dance continues with the continuation of the vocals.

