

# Free at Last

**COPPER** KNOB  
STEPSHEETS

Count: 32

Wand: 4

Ebene: Low Intermediate

Choreograf/in: Terrese Hawley (USA) - January 2020

Musik: Bra Off - RaeLynn



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## R.Forward Mambo, L. Back Mambo, R. Side Mambo, L. Side Mambo

- 1&2 Rock R foot forward, Step L together, Step R in Place.  
3&4 Rock L foot back, Step R together, Step L in Place  
5&6 Rock R to Side, Step L Together, Step R in Place  
7&8 Rock L to Side, Step R Together, Step L in Place

## Step R Side, Cross-Step L Over R, R Rock & Cross, Step Back L¼ Step R foot ½ turn R. Shuffle Forward LRL

- 1-2 Step Right to Side, Cross Step L Over Right Foot  
3&4 Rock R to Side, Step L in Place, Cross R Foot Over Left  
5-6 Step L Foot Back ¼ Turn R, Step R Foot ½ Turn R  
7&8 Shuffle Forward LRL

## Paddle Steps ½ Turn L, Paddle Steps ½ Turn R

- 1&2&3&4 With Weight on L Foot, Push off R Foot Making ½ Turn L, Step R Foot in Place  
5&6&7&8 With Weight on R Foot, Push Off L Foot Making ½ Turn R, Step L Foot in Place

## Walk Back RLRL, Right Kick-Ball Change

- 1-4 Step Back RLRL  
5&6 Right Kick-Ball Change  
7&8 Right Kick-Ball Change

## Begin Dance Again

Submitted by - Mindy Mills : minscoot@aol.com

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