

# Hair Toss

**COPPER KNOB**  
STEPSHEETS

Count: 32

Wand: 2

Ebene: Intermediate

Choreograf/in: Terri Martin (USA) - January 2020

Musik: Good as Hell (feat. Ariana Grande) (Remix) - Lizzo



Can also be danced to a Clean Lyrics version available on YouTube: Good As Hell by Lizzo

Intro:16 Counts

**(1-8) Hip Bumps, L ¼ turn with Kick, Coaster step, Side Rock Forward, Side Rock forward**

- 1&2 Hip Bumps R (1) then L (&). L ¼ turn stepping back on R with L Kick (2) (9 O'Clock)  
3&4 Step L back, step R next to L, Step L forward  
5&6 Side Rock R to R Recover on L, Step forward on R  
7&8 Side Rock L to L, Recover on R, Step forward on L (9 O' clock)

**(9-16) Sway R, L ¼ turn, Anchor step with Hitch, Prissy Step x 2, Side Rock, Recover, Cross**

- 1-2 Step R to R with Sway & Look to R (1), Pivot ¼ turn L with weight on L (2)(6 O' Clock)  
3&4 Step R on ball of R behind L with L knee pop (3), transfer weight forward to L (&), step back on R and Hitch L knee (4)  
5-6 Prissy Walk L, Prissy Walk R  
7&8 Side Rock L to L (7), Recover R to R (&), Cross L over R (8) (Still Facing 6 O' Clock)

**Note: Restart here on Wall 2 ( 12 O' Clock) & Wall 5 (6 O' Clock)**

**(17-24) ¼ Turn R, Step Forward On L, Pivot ½ Turn to R, Step Forward on L, ½ turn L, 1/4 Turn L on L, Step R next L, Step L to L, Cross Rock R over L, Recover on L, step R to R**

- 1-2& Step ¼ turn R on R (1), (9 O'Clock), Step forward on L (2), Pivot ½ to R on R (&) (3 O'Clock)  
3-4 Step Forward on L, L ½ Turn stepping back on R (9 O' Clock)  
5&6 L ¼ Turn stepping L to L (5), step R next to L (&), L to L (6) (6 O' Clock)  
7&8 Cross Rock R over L (7),Recover on L (&), step R to R (8) (6 O' Clock)

**Note: Restart here on Wall 3 with step change**

**(25-32) Rock Forward on L, R ¼ turn on R, Cross L over R, R Coaster Step, Step forward on L, R ¼ turn Sway R, Sway L**

- 1-2-3 Rock Forward on L (1), Recover on R making ¼ Turn to R (2), Cross L over R(3) (9 O' Clock)  
4&5 Step back on R (4), Step L next to R(&), Step forward on R (5)  
6-7-8 Step Forward on L (6), L ¼ Turn stepping R to R with a Sway (7)( 6 O' Clock), Step L to L with a Sway (8) (6 O' Clock)

**Note: Restart on Walls 2 (12 O' Clock) & 5 (6 O' Clock) at the end of the first 16 counts.**

**Restart on Wall 3 with step change: At the end of 24 counts, change counts 7&8 to cross rock on R, recover on L. The 7&8 count becomes a 7-8 count for this wall only. (6 O'clock)**

**TAG: 4 Count Tag End of Wall 7 facing 6 O' Clock: Cross R over L, Unwind ½ turn to L**

- 1-4 Cross R over L (1) Unwind ½ Turn to L (2-3) with Weight ending on L(4)with L Hip bump.  
Begin dance again.

**Ending on Wall 9: Dance ends after 8 counts. On count 8 cross L over R and unwind to front wall.**

**Dance should be sassy and full of attitude. Lots of places to add a "hair toss".**

**Feel free to add your own style and have fun!**

**Thank you to Amy Willingham for dancing with me and helping me with the Restarts!**

**Thank you to Sue Larimar (a.k.a. West Coast Sue) for sending me this song and encouraging me to dance to it!**

Contact: [Oregonlmt@gmail.com](mailto:Oregonlmt@gmail.com)

---